

Polba Mahavidyalaya, Polba, Hooghly-712148

Report on Add-On Courses

Introduction: Polba Mahavidyalaya has been proactive in offering various capacity development and skills enhancement programs to improve students' soft skills, language and communication abilities, life skills. These add-on courses are designed to enhance the employability and overall development of students.

Objectives: The primary objectives of these add-on courses were:

- **Skill Enhancement:** To equip students with practical skills that complement their academic knowledge and increase their employability in various fields.
- **Personal Development:** To foster life skills, including mental health and hygiene, self-discipline, and effective communication, contributing to holistic personal growth.
- **Inclusive Education:** To promote inclusivity through courses like Introduction to Braille, ensuring that all students have access to learning resources.
- **Professional Preparation:** To prepare students for competitive exams and professional environments by offering targeted courses like Basic Mathematics for Competitive Examinations and MPC Employability Skill Training.

Courses Offered: In 2023, the following add-on courses were conducted:

1. **Basic Mathematics for Competitive Examinations**
 - **Period:** 23rd May 2023 to 8th June 2023 (30 hours)
 - **Enrollment:** 3 students
 - **Organizing Department:** Department of Mathematics, Polba Mahavidyalaya
2. **Development of Mental Health and Hygiene**
 - **Period:** 6th June 2023 to 19th June 2023 (30 hours)
 - **Enrollment:** 14 students
 - **Organizing Department:** Department of Education, Polba Mahavidyalaya
3. **Introduction to Braille**
 - **Period:** 23rd May 2023 to 5th June 2023 (30 hours)
 - **Enrollment:** 18 students
 - **Organizing Department:** Department of Education, Polba Mahavidyalaya
4. **Application of GIS & Remote Sensing in Disaster Study**
 - **Period:** 23rd May 2023 to 5th June 2023 (30 hours)
 - **Enrollment:** 9 students
 - **Organizing Department:** Department of Geography, Polba Mahavidyalaya
5. **Introduction to Draft Writing**
 - **Period:** 23rd May 2023 to 8th June 2023 (30 hours)
 - **Enrollment:** 16 students
 - **Organizing Department:** Department of English, Polba Mahavidyalaya
6. **MPC Employability Skill Training Program**
 - **Period:** 13th March 2023 to 17th March 2023 (30 hours)
 - **Enrollment:** 69 students
 - **Organizing Agency:** Naandi Foundation's Mahindra Pride Classroom

Expected Outcomes:

- **Enhanced Employability:** Students will acquire skills that improve their chances of securing employment, particularly in fields requiring specific technical knowledge or soft skills.
- **Improved Personal Well-being:** Through courses like Development of Mental Health and Hygiene, students will gain insights into maintaining mental and physical health, contributing to their overall well-being.
- **Inclusive Education Support:** The Introduction to Braille course will support visually impaired students, promoting an inclusive learning environment.
- **Preparedness for Competitive Exams:** Students enrolled in Basic Mathematics for Competitive Examinations will be better prepared for various competitive exams, enhancing their prospects for further education or employment.

Conclusion: The add-on courses offered in 2023 were aimed at enhancing various skills necessary for students' personal and professional growth. The courses ranged from technical skills like GIS to essential life skills such as mental health and hygiene. The diverse participation across these courses reflects the commitment of Polba Mahavidyalaya to providing holistic education that caters to the evolving needs of students.



Polba Mahavidyalaya
Polba, Hooghly
Pin-712148
(Affiliated to the University of Burdwan)

Add on Course
on
BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS

Organized by the
Department of Mathematics
&
IQAC

Duration: 30 Hours
23rd May 2023 to 8th June, 2023

Chief Patron
Mr. Narugopal Kaibarta
(Teacher-in-Charge)

Eligibility
2nd and 4th semester students of B.Sc. General (ongoing)



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web site: polbamahavidyalaya.com

e-mail:

POLBA MAHAVIDYALAYA

Post Office - Polba, District – Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act. 1956

NAAC Accredited

Notice

All Teaching, Non-Teaching Staff and Students of Polba Mahavidyalaya are hereby informed that the Department of Mathematics in collaboration with IQAC is going to organize an Add-on-Course entitled "Basic Mathematics for Competitive Examinations" from 23rd May 2023 to 8th June 2023 at the College premises.

Interested students are hereby informed to contact the respective teacher to enroll their name in this course immediately.

Coordinator
IQAC

Teacher-in-Charge

Teacher in Charge
Polba Mahavidyalaya
Polba, Hooghly, West Bengal



To,
The Teacher-in-Charge,
Polba Mahavidyalaya,
Polba, Hooghly,
Pin- 712148.

**Sub: Seeking permission to organize an Add on course on
"BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS"**

Respected Sir,

With due respect, I, on behalf of the Department of Mathematics, Polba Mahavidyalaya, would like to request your kind permission to organize a thirty hour Add on course entitled "BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS" during the period of 23rd May to 8th June, 2023.

Hope you would be kind enough to provide your administrative and financial permission for the forthcoming Add on course.

Thanks and Regards,

Amrita Das 22/04/2023
Dr. Amrita Das,
Assistant Professor of Mathematics,
Polba Mahavidyalaya,
Hooghly-712148.

Allowed
W. K. Bhatia
16/5/23

List of Students Enrolled in the Add On Course "Basic Mathematics for Competitive Examinations" for the session 2022-23

Sl. No.	Roll No.	Subject	Semester	Name	Signature
1	801	B.Sc (G)	Sem-(I)	Pranab K Dutta	Pranab K Dutta
2.	851	B.Sc (G)	Sem IV	Isha Das	Isha Das
3	852	B.Sc (G)	Sem IV	Keya Das	Keya Das

Amrita Das
06/05/2023

HoD, Department of Education
Mathematics
AD

W. K. Das
06/05/2023

Teacher-in-Charge
Teacher in Charge
Polba Mahavidyalaya
Polba, Hooghly, West Bengal



Add on Course
on

BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS

Organized by the
Department of Mathematics
&
IQAC

Polba Mahavidyalaya, Polba, Hooghly, Pin-712148

(Affiliated to the University of Burdwan)

23rd May 2023 to 8th June, 2023 (30 Hrs.)



Chief Patron

Mr. Narugopal Kaibarta
(Teacher-in-Charge)

Instructors:

1. Dr. Amrita Das, Assistant Professor, Department of Mathematics, Polba Mahavidyalaya, Polba.
2. Mr. Palash Sedhu, SACT, Department of Mathematics, Polba Mahavidyalaya, Polba.

Amrita Das
11/02/23

No Course fees/Registration fees: The course is free for interested students

Rules & Regulations related to the Course

- The assessment process will have a total score of 100. Out of these 10 marks for attendance.
- The process of evaluation will be explained during the class sessions.
- Students must attend all the assessments that have been scheduled to be eligible for certification.
- Every student must have a minimum attendance of 70% throughout the course to receive any certificate.
- The certificate's category will be decided based on the marks obtained, following the subsequent guidelines:

Score on 100	Grade
90-100	A+
80-89	A
70-79	B+
60-69	B
50-59	C
Below 50	Fail

Certificates will be issued only to those participants who complete the Course successfully by following rules & and regulations.

Course Design

Course	Basic Mathematics for Competitive Examinations
Eligibility	2 nd and 4 th Sem students of undergraduate level
Faculty	Internal faculty
Course Fee	Nil
Intake Capacity	20
Class Duration	1 Class-1 hr.2hrs / day.
Course Duration	30 hours
Assessment Process	<ul style="list-style-type: none">• Attendance• Written test
Students' Feedback	

Amir Daz
11/07/23

Course Objectives

This 30 hour course on Basic Mathematics for Competitive Examinations will:

- 1) Help students acquire skills in solving quantitative aptitude by simple methods.
- 2) Help students acquire skills in solving quantitative aptitude in short span of time.
- 3) Help learning Maths Tricks & Tips for Competitive Exams.
- 4) Provide tips to improve Maths for Competitive Exams.
- 5) Enrich their knowledge and to develop their logical reasoning thinking ability.

Course Description

Mathematics is a subject that deals with numbers, shapes, logic, quantity and arrangements. Mathematics teaches to solve problems based on numerical calculations and find the solutions. Learning mathematics will help students to build their logical thinking and problem-solving skills. It has huge applications in day-to-day life. The basic arithmetic operations such as addition, subtraction, multiplication and division are the most important part of our lives. From calculating expenses to determining time schedules or even cooking, basic mathematical knowledge helps us navigate numerous life situations. Yet, many find themselves intimidated by numbers or lost in the maze of operations. Our aim is to ensure that every student walks away with a clear understanding and a renewed confidence in their ability to handle foundational mathematical problems.

Particularly, this course will indulge in the basic mathematics required for the competitive examinations including Banking, Railway, SSC, WBCS, PSC, UPSC, etc. Accordingly, the course is divided into three cycles with three practice tests namely, Practice test I, Practice test II and Practice test III.

Practice test I will follow the questions on Numbers and number system, HCF & LCM, Decimal Fractions, Simplification, Square and Cube roots and Average.

Practice test II will include questions from Problems on Ages, Surds and Indices, Percentage, Profit and Loss, Ratio and Proportion, Partnership, Chain rule, Mensuration, Trigonometry.

Practice III include questions from Time and work, Time and distance, Simple and Compound interest, Data Interpretation/Reasoning.

Overall, the course may prove itself beneficial to all the students who are

- Facing Current Academic Challenges: Battling through a challenging math course
- Transitioning in their Career: Stepping into a job that requires math proficiency
- Simply Curious: Wishing to review, refresh, or extend their mathematical horizons

This course offers tailored content that breaks down complex ideas into digestible modules, backed by practical examples that make learning both engaging and effective.

Anurag Das
11/07/23

Course Schedule

Hour	Topic	Teaching Activities
1-4	<ul style="list-style-type: none">• Course Introduction• Introduction to Numbers and number system• HCF & LCM	Practice test-I
4-9	<ul style="list-style-type: none">• Decimal Fractions• Simplification• Square and Cube roots• Average	
9-12	<ul style="list-style-type: none">• Problems on numbers• Problems on Ages• Surds and Indices	Practice test-II
12-17	<ul style="list-style-type: none">• Percentage• Profit and Loss	
17-23	<ul style="list-style-type: none">• Ratio and Proportion• Partnership• Chain rule• Mensuration• Trigonometry	
23-26	<ul style="list-style-type: none">• Time and work• Time and distance• Simple and Compound interest• Miscellaneous	Practice test-III
26-28	<ul style="list-style-type: none">• Data Interpretation/Reasoning	
28-30	Assessment (2 hrs. written test)	

Reference Books:

- R. S. Aggarwal, Quantitative Aptitude (Fully solved), Reprint 2016, S. Chand.
- R.V.Praveen, Quantitative Aptitude and Reasoning, 2nd Revised Edition 2013, Prentice-Hall of India Pvt. Ltd.
- G. K. Ranganath, C. S. Sampangiram and Y. Rajaram, A text Book of business Mathematics, 2008, Himalaya Publishing House.

Instructors:

1. Dr. Amrita Das, Assistant Professor, Department of Mathematics, Polba Mahavidyalaya, Polba.
2. Mr. Palash Sadhu, SACT, Department of Mathematics, Polba Mahavidyalaya, Polba.

Amrita Das
11/07/23

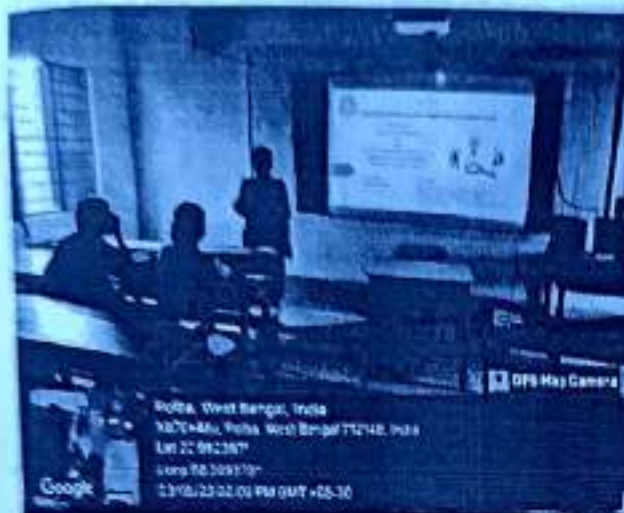
Course Outcome

This course of basic Mathematics for Competitive Examinations will:

- Provide a platform to the students to expertise the Basic concepts of Mathematics needed for most competitive exams including Banking, Railway, SSC, WBCS, PSC, UPSC, etc.
 - Establish a framework to help students acquire the knowledge and expertise necessary to secure employment opportunities in the Government sector.
 - Expertise students in solving problems easily by using shortcut methods with time management by analyzing the problems logically and approaching them differently.
 - Turn students' mathematical apprehensions into a strength.
-

Anita Das
11/08/23

Some glimpse of the course



Amrita Das
 11/04/23

**REGISTER OF ATTEND-
FOR THE MONTH**

[illegible]

ANCE OF PUPILS
OF 28th May to 28th June 2023

ANCE		No. of days			
		Present	Present Leave	Present Absent	Present Absent
1	2				
3	4				
5	6				
7	8				
9	10				
11	12				
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499	500				

No. of classes by

1) Dr. Ananta Das → 20

2) Mr. Palash Saha → 10

Total → 30

Mr. Dr. Das
06/06/22

Palash Saha
08/06/22

Dr. J. H. D. J. H. D.

POLBA MAHAVIDYALAYA

Polba, Hooghly-712148

Add-on Course (23rd May to 08th June, 2023) Assessment

Total Marks: 50 - Time: 1hr.

Each question carries 2.5 Marks
Answer all the questions

- If $3x + 7 = x^2 + M = 7x + 5$, what is the value of 120% of M?
(a) 8.90 (b) 9.90
(c) 9.98 (d) None of these
- P is six times as large as q. The percent that q is less than p, is
(a) $16\frac{2}{3}\%$ (b) 60
(c) $83\frac{1}{3}\%$ (d) 90
- If two numbers are respectively 20% and 50% of a third number, what is the percentage of the first number to the second?
(a) 10 (b) 20
(c) 30 (d) 40
- A sum of Rs 4558 is divided among A, B and C such that A receives 20% more than C, and C receives 25% less than B. What is A's share in the amount?
(a) Rs 1548 (b) Rs 1720
(c) Rs 1290 (d) Rs 1345
- The digit at unit place of a two-digit number is increased by 100% and the digit at ten places of the same number is increased by 50%. The new number thus formed is 19 more than the original number. What is the original number?
(a) 22 (b) 63
(c) 24 (d) None of these
- The owner of a boutique decides to calculate the percentage of customers who purchase hats. If 40 per cent of the store's customers decide to purchase items, and of those customers 15 percent purchase hats, then what per cent of the store's customers purchase hats?
(a) 4% (b) 6%
(c) 15% (d) 24%
- Groundnut oil is now being sold at Rs 27 per kg. During last month its cost was Rs 24 per kg. Find by how much % a family should reduce its consumption, so as to keep the expenditure same.
(a) $11\frac{1}{9}\%$ (b) $11\frac{1}{11}\%$
(c) $11\frac{2}{10}\%$ (d) $9\frac{1}{10}\%$
- 10% of the inhabitants of a village having died of cholera, a panic set in, during which 25% of the remaining inhabitants left the village. The population is then reduced to 4050. Find the number of original inhabitants.
(a) 5000 (b) 6000
(c) 7000 (d) 8000
- Chunilal invests 65% in machinery, 20% in raw material and still has Rs 1,305 cash with him. Find his total investment.
(a) Rs 6,500 (b) Rs 7,225
(c) Rs 8,500 (d) None of these
- When the price of a pressure cooker was increased by 15%, the sale of pressure cookers decreased by 15%. What was the net effect on the sales?
(a) 15% decrease (b) no effect
(c) 2.25% increase (d) 2.25% decrease
- If 12% of 75% is greater than 5% of a number by 75, the number is
(a) 1875 (b) 1890
(c) 1845 (d) 1860
- When the price of sugar was increased by 32%, a family reduced its consumption in such a way that the expenditure on sugar was only 10%

Each question carries 2.5 Marks

Answer all the questions

more than before. If 30 kg were consumed per month before, find the new monthly consumption.

- (a) 20kg (b) 25kg
(c) 30 kg (d) None of these

13. A's income is 60% of B's income, and A's expenditure is 70% of B's expenditure. If A's income is 75% of B's expenditure, find the ratio of A's savings to B's savings.

- (a) 5:1 (b) 1:5
(c) 3.5:1 (d) 2:7

14. The ratio of salary of a workers in July to that in June was $2\frac{1}{2} : 2\frac{1}{3}$, by what % the salary of July more than salary of June. Also find by what % salary if June was less than that of July.

- (a) $11\frac{1}{9}\%$ and 10% (b) 10% and $11\frac{1}{9}\%$
(c) Both 10% (d) Both $11\frac{1}{9}\%$

15. In a housing society, 30 per cent of the residents are men over the age of 18 and 40 per cent are women over the age of 18. If there are 24 children living in the housing society, then how many total residents live?

- (a) 32 (b) 80
(c) 94 (d) 112

16. There is an increase of 30% in the production of milk chocolates in Amul Dairy in one month. If now it is 9, 100 milk chocolates per month, what was it on month ago?

- (a) 10,000 chocolates (b) 9000 chocolates
(c) 8000 chocolates (d) 7000 chocolates

17. In a college election between two rivals,

by 160 votes, The total number of votes polled was

- (a) 900 (b) 800
(c) 700 (d) 600

18. A scooter costs Rs25,000 when it is brand new. At the end of each year, its value is only 80% of what it was at the beginning of the year. What is the value of the scooter at the end of 3 years?

- (a) Rs 10,000 (b) Rs 12,500
(c) Rs 12,800 (d) Rs 12,000

19. The income of A is 150% of the income of B and the income of C is 120% of the income of A. If the total income of A, B and C together is Rs 86000, what is C's income?

a candidate who got 40% of the total votes polled, was defeated by his rival

- (a) Rs 30000 (b) Rs 32000
(c) Rs 20000 (d) Rs 36000

20. If the price of sugar is increased by 7%, then by how much per cent should a housewife reduce her consumption of sugar, to have no extra expenditure?

- (a) 7 over 107% (b) 107 over 100%
(c) 100 over 107% (d) 7%



Amul Dairy 08/06/2023

Pratik Datta
8/6/23

Each question carries 2.5 Marks

Answer all the questions

1. If $3x + 7 = x^2 + M = 7x + 5$, what is the value of 120% of M?

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- (a) Rs 10,000 (b) Rs 12,500
(c) Rs 12,800 (d) Rs 12,000

19. The income of A is 150% of the income of B and the income of C is 120% of the income of A. If the total income of A, B and C together is Rs 86000, what is C's income?

a candidate who got 40% of the total votes polled, was defeated by his rival

- (a) Rs 30000 (b) Rs 32000
(c) Rs 20000 (d) Rs 36000

20. If the price of sugar is increased by 7%, then by how much per cent should a housewife reduce her consumption of sugar, to have no extra expenditure?

- (a) 7 over 107% (b) 107 over 100%
(c) 100 over 107% (d) 7%

50/50

Amul Dairy 08/06/2023

POLBA MAHAVIDYALAYA

Polba, Hooghly-712148

Add-on Course (23rd May to 08th June, 2023) Assessment

Total Marks: 50 Time: 1hr.

Each question carries 2.5 Marks
Answer all the questions

1. If $3x + 7 = x^2 + M = 7x + 5$, what is the value of 120% of M?

(a) 8.90 (b) 9.90

(c) 9.98 (d) None of these

2. P is six times as large as q. The percent that q is less than p, is

(a) $16\frac{2}{3}\%$ (b) 60

(c) $83\frac{1}{3}\%$ (d) 90

3. If two numbers are respectively 20% and 50% of a third number, what is the percentage of the first number to the second?

(a) 10 (b) 20

(c) 30 (d) 40

4. A sum of Rs 4558 is divided among A, B and C such that A receives 20% more than C, and C receives 25% less than B. What is A's share in the amount?

(a) Rs 1548 (b) Rs 1720

(c) Rs 1290 (d) Rs 1345

5. The digit at unit place of a two-digit number is increased by 100% and the digit at ten places of the same number is increased by 50%. The new number thus formed is 19 more than the original number. What is the original number?

(a) 22 (b) 63

(c) 24 (d) None of these

6. The owner of a boutique decides to calculate the percentage of customers who purchase hats. If 40 per cent of the store's customers decide to purchase items, and of those customers 15 percent purchase hats, then what per cent of the store's customers purchase hats?

(a) 4%

(b) 6%

(c) 15%

(d) 24%

7. Groundnut oil is now being sold at Rs 27 per kg. During last month its cost was Rs 24 per kg. Find by how much % a family should reduce its consumption, so as to keep the expenditure same.

(a) $11\frac{1}{9}\%$

(b) $11\frac{1}{11}\%$

(c) $11\frac{9}{10}\%$

(d) $9\frac{9}{10}\%$

8. 10% of the inhabitants of a village having died of cholera, a panic set in, during which 25% of the remaining inhabitants left the village. The population is then reduced to 4050. Find the number of original inhabitants.

(a) 5000

(b) 6000

(c) 7000

(d) 8000

9. Chunilal invests 65% in machinery, 20% in raw material and still has Rs 1,305 cash with him. Find his total investment.

(a) Rs 6,500

(b) Rs 7,225

(c) Rs 8,500

(d) None of these

10. When the price of a pressure cooker was increased by 15%, the sale of pressure cookers decreased by 15%. What was the net effect on the sales?

(a) 15% decrease

(b) no effect

(c) 2.25% increase

(d) 2.25% decrease

11. If 12% of 75% is greater than 5% of a number by 75, the number is

(a) 1875

(b) 1890

(c) 1845

(d) 1860

12. When the price of sugar was increased by 32%, a family reduced its consumption in such a way that the expenditure on sugar was only 10%

Each question carries 2.5 Marks
Answer all the questions

more than before. If 30 kg were consumed per month before, find the new monthly consumption.

- (a) 20kg (b) 25kg
(c) 30 kg (d) None of these

13. A's income is 60% of B's income, and A's expenditure is 70% of B's expenditure. If A's income is 75% of B's expenditure, find the ratio of A's savings to B's savings.

- (a) 5:1 (b) 1:5
(c) 3.5:1 (d) 2:7

14. The ratio of salary of a workers in July to that in June was $2\frac{1}{2} : 2\frac{1}{4}$, by what %

the salary of July more than salary of June. Also find by what % salary if June was less than that of July.

- (a) $11\frac{1}{9}\%$ and 10% (b) 10% and $11\frac{1}{9}\%$
(c) Both 10% (d) Both $11\frac{1}{9}\%$

15. In a housing society, 30 per cent of the residents are men over the age of 18 and 40 per cent are women over the age of 18. If there are 24 children living in the housing society, then how many total residents live?

- (a) 32 (b) 80
(c) 94 (d) 112

16. There is an increase of 30% in the production of milk chocolates in Amul Dairy in one month. If now it is 9, 100 milk chocolates per month, what was it on month ago?

- (a) 10,000 chocolates (b) 9000 chocolates
(c) 8000 chocolates (d) 7000 chocolates

17. In a college election between two rivals,

by 160 votes, The total number of votes polled was

- (a) 900 (b) 800
(c) 700 (d) 600

18. A scooter costs Rs25,000 when it is brand new. At the end of each year, its value is only 80% of what it was at the beginning of the year. What is the value of the scooter at the end of 3 years?

- (a) Rs 10,000 (b) Rs 12,500
(c) Rs 12,800 (d) Rs 12,000

19. The income of A is 150% of the income of B and the income of C is 120% of the income of A. If the total income of A, B and C together is Rs 86000, what is C's income?

a candidate who got 40% of the total votes polled, was defeated by his rival

- (a) Rs 30000 (b) Rs 32000
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20. If the price of sugar id increased by 7%, then by how much per cent should a housewife reduce her consumption of sugar, to have no extra expenditure?

- (a) 7 over 107% (b) 107 over 100%
(c) 100 over 107% (d) 7%

50/50

Amir Das
08/06/2023

Polba Mahavidyalaya
Add on Course
on
BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS (30 Hours)
organized by the
Department of Mathematics & IQAC
23rd May 2023 to 8th June, 2023
Student Feedback Form

Name of the Student: **PRANTIK DUTTA**

[Give your opinion with a tick mark (/) against each of the items (1 to 10) in the appropriate box]

Sl. No.	Question	Strongly Agree	Agree	Neither	Disagree	Strongly Disagree
1	This add-on course was found useful for me.	/				
2	This topic of the add-on course was appropriate as per my requirement.	/				
3	Effectively gained with all the information that I required through the participatory approach.	/				
4	The speakers/ facilitators were mostly good communicator.	/				
5	The presentations were mostly well-organised with PowerPoints to support the logical structure and ideas on the theme.	/				
6	There was sufficient opportunity for raising questions and discussion.	/				
7	The programme was well managed within the allotted time.	/				
8	I would like to attempt further such programmes at Polba Mahavidyalaya.	/				
9	This is a good initiative organised by the Polba Mahavidyalaya.	/				
10	The event location is convenient and very much accessible.	/				


Prantik Dutta .
 Student's Signature

Polba Mahavidyalaya
Add on Course
on
BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS (30 Hours)
organized by the
Department of Mathematics & IQAC
23rd May 2023 to 8th June, 2023
Student Feedback Form

Name of the Student: **KEYA DAS**

[Give your opinion with a tick mark (/) against each of the items (1 to 10) in the appropriate box]

Sl. No.	Question	Strongly Agree	Agree	Neither	Disagree	Strongly Disagree
1	This add-on course was found useful for me.	✓				
2	This topic of the add-on course was appropriate as per my requirement.	✓				
3	Effectively gained with all the information that I required through the participatory approach.	✓				
4	The speakers/ facilitators were mostly good communicator.	✓				
5	The presentations were mostly well-organised with PowerPoints to support the logical structure and ideas on the theme.		✓			
6	There was sufficient opportunity for raising questions and discussion.	✓				
7	The programme was well managed within the allotted time.	✓				
8	I would like to attempt further such programmes at Polba Mahavidyalaya.	✓				
9	This is a good initiative organised by the Polba Mahavidyalaya.	✓				
10	The event location is convenient and very much accessible.	✓				


 Student's Signature

Polba Mahavidyalaya
Add on Course
on
BASIC MATHEMATICS FOR COMPETITIVE EXAMINATIONS (30 Hours)
organized by the
Department of Mathematics & IQAC
23rd May 2023 to 8th June, 2023
Student Feedback Form

Name of the Student: **ISHA DAS**

[Give your opinion with a tick mark (/) against each of the items (1 to 10) in the appropriate box]

Sl. No.	Question	Strongly Agree	Agree	Neither	Disagree	Strongly Disagree
1	This add-on course was found useful for me.	✓				
2	This topic of the add-on course was appropriate as per my requirement.	✓				
3	Effectively gained with all the information that I required through the participatory approach.	✓				
4	The speakers/ facilitators were mostly good communicator.	✓				
5	The presentations were mostly well-organised with PowerPoints to support the logical structure and ideas on the theme.	✓				
6	There was sufficient opportunity for raising questions and discussion.	✓				
7	The programme was well managed within the allotted time.	✓				
8	I would like to attempt further such programmes at Polba Mahavidyalaya.	✓				
9	This is a good initiative organised by the Polba Mahavidyalaya.	✓				
10	The event location is convenient and very much accessible.	✓				

Isha Das.

Student's Signature

POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act. 1956
NAAC Accredited



Certificate of Participation

This is to certify that

Ms. Isha Das, a student of 4th semester, B.Sc. General, has participated in the Add-on Course on "Basic Mathematics for Competitive Examinations" organized by the Department of Mathematics and IQAC, Polba Mahavidyalaya, Polba, Hooghly-712148, from 23rd May 2023 to 08th June 2023, and obtained Grade A+.

Amrita Das

(Amrita Das)
Course Co-Ordinator & HOD,
Department of Mathematics

Santanu Sengupta

(Santanu Sengupta)
IQAC Co-Ordinator

Narugopal Kaibarta

(Narugopal Kaibarta)
Teacher-in-charge

Amrita Das 11/07/23

POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

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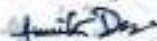
NAAC Accredited



Certificate of Participation

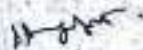
This is to certify that

Ms. Keya Das, a student of 4th semester, B.Sc. General, has participated in the Add-on Course on "Basic Mathematics for Competitive Examinations" organized by the Department of Mathematics and IQAC, Polba Mahavidyalaya, Polba, Hooghly-712148, from 23rd May 2023 to 08th June 2023, and obtained Grade A+.



(Amrita Das)

Course Co-Ordinator of HOD,
Department of Mathematics



(Santanu Sengupta)
IQAC Co-Ordinator



(Narugopal Kaibarta)
Teacher-in-charge


10/6/23

POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act. 1956
NAAC Accredited



Certificate of Participation

This is to certify that

Mr. Prantik Dutta, a student of 2nd semester, B.Sc. General, has participated in the Add-on Course on "Basic Mathematics for Competitive Examinations" organized by the Department of Mathematics and IQAC, Polba Mahavidyalaya, Polba, Hooghly-712148, from 23rd May 2023 to 08th June 2023, and obtained Grade A+.

Amrita Das

(Amrita Das)
Course Co-Ordinator & HOD,
Department of Mathematics

Santanu Sengupta

(Santanu Sengupta)
IQAC Co-Ordinator

Narajopal Karmakar

(Narajopal Karmakar)
Teacher-in-charge

Amrita Das
11/07/23

**Report based on student's feedback on
the Add-on Course entitled
"Basic Mathematics for Competitive Examinations"**

Duration: 23rd May 2023 to 8th June, 2023

Location: Polba Mahavidyalaya

Venue: Room no. 301/302

Chief Patron: Mr. Narugopal Kaibarta (Teacher-in-Charge, Polba Mahavidyalaya)

Instructors:

- Dr. Amrita Das, Assistant Professor, Department of Mathematics, Polba Mahavidyalaya, Hooghly
- Mr. Palash Sadhu, SACT, Department of Mathematics, Polba Mahavidyalaya, Hooghly

No. of Participants: 03

The add-on course titled "Basic Mathematics for Competitive Examinations" organized by Polba Mahavidyalaya received positive feedback from the students. Based on the responses collected, the following insights were gathered:

1. **Usefulness of the Seminar:** A significant majority of the students found the seminar to be highly useful for their academic and competitive examination preparations. The practical application of mathematical concepts was particularly appreciated.
2. **Relevance of the Topic:** Students agreed that the topic was appropriate and aligned with their needs, especially those preparing for various competitive exams. The content was well-suited to address the common challenges faced in these examinations.
3. **Participatory Approach:** The participatory approach adopted during the sessions allowed students to effectively engage with the material. Many felt that this approach helped them gain the necessary information more thoroughly.
4. **Communication Skills of Speakers:** The speakers and facilitators were generally well-regarded for their communication skills. They were able to convey complex mathematical ideas in a clear and understandable manner, which enhanced the overall learning experience.
5. **Organization of Presentations:** The presentations were noted to be well-organized, with PowerPoints effectively supporting the logical structure and key ideas of the course. This organization contributed to a better understanding of the topics discussed.
6. **Opportunities for Discussion:** There was sufficient opportunity for students to raise questions and engage in discussions. This interactive component was highlighted as one of the strengths of the program.
7. **Time Management:** The program was well-managed within the allotted time, ensuring that all planned activities were conducted smoothly without unnecessary delays.

Amrita Das
11/07/2023

8. **Interest in Future Programs:** Students expressed a strong interest in attending similar programs in the future. The positive experience from this course has motivated them to seek further opportunities at Polba Mahavidyalaya.
9. **Institutional Initiative:** Students recognized this initiative as a commendable effort by Polba Mahavidyalaya. They appreciated the college's commitment to providing valuable educational opportunities beyond the regular curriculum.
10. **Event Location:** The event location was considered convenient and easily accessible, which contributed to the overall positive experience of the participants.

In conclusion, the "Basic Mathematics for Competitive Examinations" course was well-received, meeting the expectations of the students and fulfilling its objectives effectively. The feedback indicates that similar programs would be welcomed in the future.

Report prepared by:

Amrita Das 21/08/2023

(Dr. Amrita Das)

Head of the Department of Mathematics,

Polba Mahavidyalaya,

Hooghly-712148.



Polba Mahavidyalaya
Polba, Hooghly
Pin-712148
(Affiliated to the University of Burdwan)

Add on Course

SUBJECT

Development of Mental Health and Hygiene

Organized by
Department of Education
&
IQAC

Duration: 30 Hours
6th June 2023 to 19th June, 2023

Chief Patron
Mr. Narugopal Kaiharta
Teacher-in-Charge

Eligibility
2nd and 4th Semester Students (ongoing)

No course fees are needed for this course; the course is free for interested students

Certificates will be issued only to those participants who complete the Course successfully by following rules & and regulations.

Rules & Regulations Related to the Course:

- The assessment process will have a total score of 100. Out of these 10 marks for attendance.
- The process of evaluation will be explained during the class sessions.
- Students must attend all the assessments that have been scheduled to be eligible for certification.
- Every student must have a minimum attendance of 70% throughout the course to receive any certificate.
- The certificate's category will be decided based on the marks obtained, following the subsequent guidelines:

Score on 100	Grade
90-100	A+
80-89	A
70-79	B+
60-69	B
50-59	C
Below 50	Fail

§ 10/2/23

Course Design

Course	Development of Mental Health and Hygiene
Eligibility	2 nd and 4 th Sem students of undergraduate level
Faculty	Internal faculty
Course Fee	Nil
Intake Capacity	20
Class Duration	1 Class-1 hr. 3hrs / day.
Course Duration	30 hours
Assessment Process	i. Attendance ii. Test
Student Feedback	

Course Objectives

This 30-hour course will provide:

- explain the concepts of mental health and hygiene;
- distinguish mental health from mental ill-health and mental illness;
- explain behavioural symptoms of poor mental health;
- describe health behaviours which sustain good health; and
- learn strategies for time management.

6/10/23

Course Description

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

The term mental hygiene is closely related to mental health. We use the term hygiene to refer to keeping oneself and one's living and working areas neat and clean in order to prevent illness and disease. When we extend this concept to the domain of mind it stands for the art of developing, maintaining, and promoting necessary behavioural, emotional, and social skills to sustain good, effective and efficient mental health. One can achieve this by following some basic strategies at mental and behavioural levels in one's daily life. These are as follows:

Reality Contact: In order to maintain good and sound mental health it is important to have a realistic appraisal of one's own reactions, emotions, and abilities. If you are in touch with reality you may be able to avoid a number of disappointments and frustrations in your daily life.

Impulse Control: A person with healthy adjustment would have good control over his/her behaviours and impulses. So in order to maintain good mental health it is necessary that you should be in complete control over your impulsive behaviours.

Self-Esteem: The awareness about oneself is called self-concept. It includes all the statements about "I" or "me" expressed in terms of feelings, beliefs and values. Thus self-concept is sum total of all that a person is aware of about his or her own self. Self-esteem is the evaluative component of self. The personal evaluation of self could be either positive or negative. A sense of personal adequacy or positive self-concept is essential for mental health.

Positive Thoughts: The quality of mental health depends on whether we direct our thoughts in positive or negative ways. Negative thoughts generate negative emotions such as anger, hate, jealousy, fear, and despair. The effect of such negative emotions on our minds is unhealthy. They also harm the endocrine system.

Therefore in order to maintain good mental health, we need to develop the power of positive thinking which generates positive emotions such as love, joy, happiness, hope, compassion, empathy, and optimism in. Such emotions strengthen our capacity to cope with various life challenges.

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10/2/23

Assessment of Mental Health and Hygiene

	Agree	Uncertain	Disagree
1. I am satisfied and happy with my life.	3	2	1
2. My life is very happy.	3	2	1
3. Even when I am with the members of my family, I feel lonely	1	2	3
4. I am confident about my abilities	3	2	1
5. I have not been able to achieve as much as I want to.	1	2	3
6. I am not as adequate and competent as others are.	1	2	3
7. I am very intelligent and competent.	3	2	1
8. I do not want to mix up with others.	1	2	3
9. People are generally selfish.	1	2	3
10. I have no zest for living.	1	2	3
11. I generally trust people and have no problem in getting along with them.	3	2	1
12. I experience a sense of well-being.	3	2	1
13. I get enough love and satisfaction from my family and others.	3	2	1
14. I am generally able to solve my problems when I encounter them. I do not remain in conflicting situation.	3	2	1
15. I have no goal in life. Life just drags on.	1	2	3

Key

After giving your view on each statement, add the score of all the alternatives you have chosen. The total of all the 15 items is your mental health score.

Interpretation

Obtained Score	Your Mental Health
36-45	Good
26-35	Fair
15-25	Poor

10/7/23

Mental Health, Mental Ill-Health and Mental Illness

In order to understand mental health in a better way you are also required to know the meaning of mental ill-health and mental illness. Mental ill-health is defined as the absence of the qualities of positive mental health in the individual. For example if someone among you often displays negative feelings and attitudes about others, you can assume that this person is displaying the characteristics of mental ill-health. Mental illness is a broad term which includes almost all the disorders of behaviour which are caused by faulty perception, emotion, thinking and attitude. Such individuals have problems in making adjustment with others in the society. We will discuss the categories of mental illness in the lesson.

Identification of Poor Mental Health

- Haphazard and disorganized daily life routine.
- Short-tempered and irritating behaviour
- Anger and aggressive behaviour.
- Restlessness.
- Increased or poor appetite and indigestion.
- Irregular sleeping pattern such as insomnia, disturbed sleep, or narcolepsy (excess sleep).
- Poor interpersonal relationships.
- Anxiety and worry.
- Negative attitude toward self and others.
- Withdrawing from relationships.
- Irregular and abnormal physiological conditions (e.g., blood pressure, heart palpitation, and pulse rate).
- Excessive use of drugs (e.g., alcohol, tranquillizers, and hallucinogens).
- Cigarette smoking and use of tobacco in other forms.

The above may cause threat to mental health. If an individual is frequently involved in such behaviours or remains in a particular state for a long period then it is more likely that (s)he may develop various kinds of mental disorders.

Behaviours which Sustain Good Health

In modern life scientific and technological advances have created many facilities for comfort. However, if we develop dependency on them, our lifestyle becomes very sedentary and fragile. In order to overcome the risks involved in such a life we should observe certain precautions and engage in behaviours which promote and sustain good health. Ayurveda, the science of Indian medicine, deals with four aspects of lifestyle which can ensure good health in us. These include right food (Ahara), right recreation (Vihara), right routine (Achara), and right thinking (Vichara). Observing certain practices ensures a healthy and happy life. Let us examine each of these aspects in some detail.

- Food (Ahara):** Food is the most important aspect of life. Compared to nonvegetarian food vegetarian food is safe and invigorating for a healthy body. For better health one must eat fresh fruits and vegetables with enough fiber content. Oily, spicy, junk and processed food causes obesity, hypertension, heart disease, diabetes, gastric ulcer and even cancer. Our daily food should contain green vegetables, fresh fruits, beans, honey, curd, milk, butter oil which provide enough of vitamins, minerals, iron, antioxidants and fibers. In addition there should be a balanced proportion of each category of food in our daily intake. We should also maintain fixed meal times. Chewing food properly and eating in controlled manner are good for health.
- Routine (Achara):** Routine consists of three kinds of activities in which an individual indulges in. These are taking food and doing activities as per the seasonal demands called Ritucharya. It means taking food and doing activities in accordance with seasons. We must eat and act according to the characteristics of seasons. Thus in summer we should take light food containing little oil but plenty of fluids such as curd, fruit juice, rice curry and beans. During the winter and autumn seasons sweet and salty food can be taken in larger quantity such as milk products, vegetable soup, ghee, rice and oily food. During the spring season light food with less content of oil should be taken such as preparation containing gram and rice. During the rainy season food with astringent, acidic, salty and sweet taste are taken. Day routine (Dincharya) and night routine (Ratricharya) refer to eating and doing activities according to the time of day and night. One should get up early in the morning before sunrise. Drinking water should be the first act after waking. It ensures smooth excretion of body waste, and is a sure remedy for constipation. After excretion of faeces and cleaning of teeth, massage of the body should be done before taking bath. Thus there should be proper time for each and every activity in the cycle of twenty four hours.
- Recreation (Vihara):** Doing exercise and morning walk are the most important components of recreation. It makes the body light and strong. It increases the immunity, resistance power of the body and capability to work. During exercise toxins of the body are excreted with perspiration. It increases the appetite of the individual. The health problems such as heart disease and diabetes are also controlled by daily exercise. Exercise delays the ageing process and prevents impotence. It helps in purifying blood as the increased intake of oxygen and expulsion of carbon dioxide helps removal of dead cells from the body. Recreational activities like music also help in maintaining good health.
- Thinking (Vichara):** Sound and positive mental health can only be maintained with right kind of thinking. A person who is mentally fit and healthy has self-satisfaction, accommodative intellect, ability to accept criticism, understanding of the emotional needs of others, and self-control. Such individuals are neither driven by greed or lust nor dominated by fear, anger, attachment, jealousy, guilt or worry. On the social front an individual with positive thinking enjoys good friendships and earns respect from everybody.

10/2/23

- Thus an individual can maintain a sound, healthy and happy life if (s) he follows the above health promotive behaviours.

Strategies for Time Management

You know that we have only twenty-four hours in a day to perform all the activities. We generally fail to organize activities according to the time available. This creates a lot of pressure, tension and frustration. This happens because we do not allot a fixed time for any activities. This habit often results in doing inappropriate activity at an inappropriate time. Hence it is very important to prioritize activities and organize them according to available time. This we can do by scheduling the activities of twenty-four hours in order of priority and importance. The structured routine is called activity schedule. Before preparing an activity schedule we are required to make a list of activities which are supposed to be done during the twenty-four hours. Thereafter we should sequence these activities in terms of importance. For example the time for study, play, and sleep should be properly arranged. In addition to activity schedule, listing of activities in a diary and following it up can also be a good technique of time management. In order to make it clear let us discuss the basic principles of time management one-by-one.

Manage Your Time

Activity		Strategy
I	Preparing a list of work	You can plan it one day in advance at night. Try to prepare a list of work you have to accomplish next day. Identify and list all that you have to do. From the list you have prepared for the day, prioritize the work. Put the toughest task first and keep the easiest task for the later part of the day, when you are tired and low on energy. Take best advantage of the hours when you work best.
II	Prioritize the list	
III	Identify uninterrupted periods	Some tasks may require sustained attention and uninterrupted periods. Keep such tasks for periods when you can devote time without any interruption.
IV	Flexible schedule	You should be prepared to face events that are not planned and you did not expect them. Thus, be flexible to handle such unexpected events.
V	Time of exercise	Set aside some time in your daily schedule for exercise and yoga. Time spent on such activities helps to maintain good mental and physical health and results in increased productivity.
VI	Leisure time activities	Set aside some time each day or week to do some planned leisure activity. It gives mental and physical rest and break from the daily routine. For example, listening to music, watching favourite programme on television, gardening, painting, playing favourite sports etc.

10/2/23

Course Schedule

Hour	Topic	Teaching Activities
1-3	-Concept of Mental Health	Activity 1 Assess Your Mental Health It may be quite interesting for you if you are asked to assess your mental health by just responding to some statements dealing with your daily life activities. These statements are given below. Each statement is followed by three alternatives namely "agree", "uncertain" and "disagree". After reading each statement, please decide whether you "agree", or "disagree" with it. It may also happen that you may not be able to decide whether you agree or disagree with a particular statement. In that case you are free to choose the alternative "uncertain". In order to express your view please encircle (O) which will best indicate your way of thinking and behaving.
3-7-	- Concept of Mental Hygiene	
7-10	-Concept of Good Health	Activity 2 Briefly describe the principles of health promotion that you should follow. Compare with the test you have taken in Section 19.1. What steps will you adopt to promote your health.
10-12	-Relation between Behaviour and Good Health	
12-22	-Behaviours which Sustain Good	
22-25		
25-29	-Strategies for Time Management	Activity 3 Managing Time Make a time-table of your daily activities. Now list the ways you can manage your time in a more efficient way.
29-30	Assessment	

Instructor:

Mr. Bharat Maji and Mr. Ashish Mondal
 Department of Education

10/7/23

Course Outcome

- The term health refers to a state of physical, mental, social and spiritual wellbeing of the individual. Mental health is one of the components of the broad concept of health. It is concerned with an optimum level of emotional and behavioural adjustment of the individual.
- The term mental hygiene refers to keeping oneself and one's living and working areas neat and clean in order to prevent illness and disease. When we extend this concept to the domain of mind it stands for the art of developing, maintaining, and promoting necessary behavioural, emotional, and social skills to sustain good mental health.
- Mental ill-health is defined as the absence of the qualities of positive mental health in the individual. Mental illness is a broad category which includes all the disorders of behaviour which are caused by faulty perception, emotions, thinking and attitude.
- Ayurveda, the science of Indian medicine, deals with four aspects of lifestyle which sustain good health in us. These are food (Ahara), recreation (Vihara), routine (Achara), and thinking (Vichara). Observing certain practices related to them ensures a healthy and happy life.
- We generally fail to organize activities according to the time available. This creates a lot of pressure, tension and frustration. A structured routine involves making an activity schedule.

To
The Teacher-in-Charge
Polba Mahavidyalaya
Polba, Hooghly
Pin- 712148

Sub: Seeking permission to organize an Add on course on Development of Mental Health and Hygiene

Sir,

With due respect, I, on behalf of Department of Education, would like to request your kind permission to organize an thirty-hour Add on course entitled "Development of Mental Health and Hygiene" during the period of 6th to 19th June, 2023 in the college premises.

Hope you would be kind enough to provide your administrative permission for the forthcoming Add on Course.

Thanks and Regards,

Sohini Ghosh 28/04/23

Sohini Ghosh
Assistant Professor,
Polba Mahavidyalaya

Allowed
N. K. Ghosh
27/4/23.

27/4/23

List of Students Enrolled in the Add On Course "Development of Mental Health and Hygiene" for the session 2022-23
(6th June to 19th June, 2023)

Sl No	Roll No	Subject	Semester	Name	Signature
1	1008	Education	4th	SIMRAN PARVIN	Simran Parvin
2	1010	Education	4th	TAMANNA TABASUM	Tamanna Tabasum
3	1053	Education	4th	BABITA GHOSH	Babita Ghosh
4	1126	Education	4th	NILMONI HEMBRAN	Nilmoni Hembram
5	1013	Education	4th	DEBI CHAKRABORTY	Debi Chakrabarty
6	1006	Education	4th	SAMIMA KHATUN	Samima-Khatun
7	1014	Education	4th	BARNALI BANERJEE	Barnali Banerjee
8	1003	Education	4th	PRITY KARMAKAR	Prity Karmakar
9	1001	Education	4th	Asifa Sultana	Asifa Sultana
10	1111	Education	4th	Supri Mal	Supri Mal
11	1134	Education	4th	Rahul Roy	Rahul Roy
12	1014	Education	4th	BARNALI BANERJEE	Barnali Banerjee
13	1073	Education	4th	Nayna Ghosh	Nayna Ghosh
14	1075	Education	4th	Arpita Bag	Arpita Bag

9/10/23

Add-on course : Development of Mental Health and Hygiene

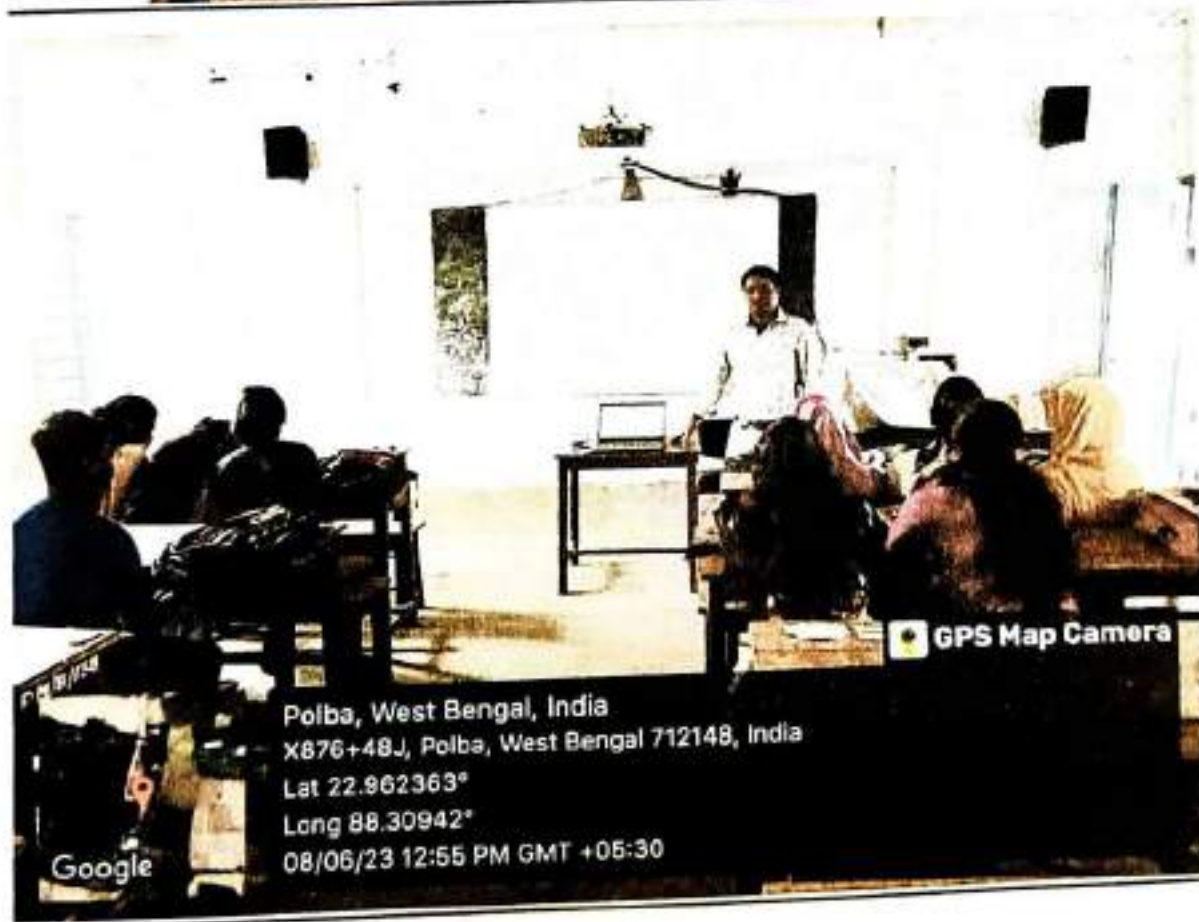
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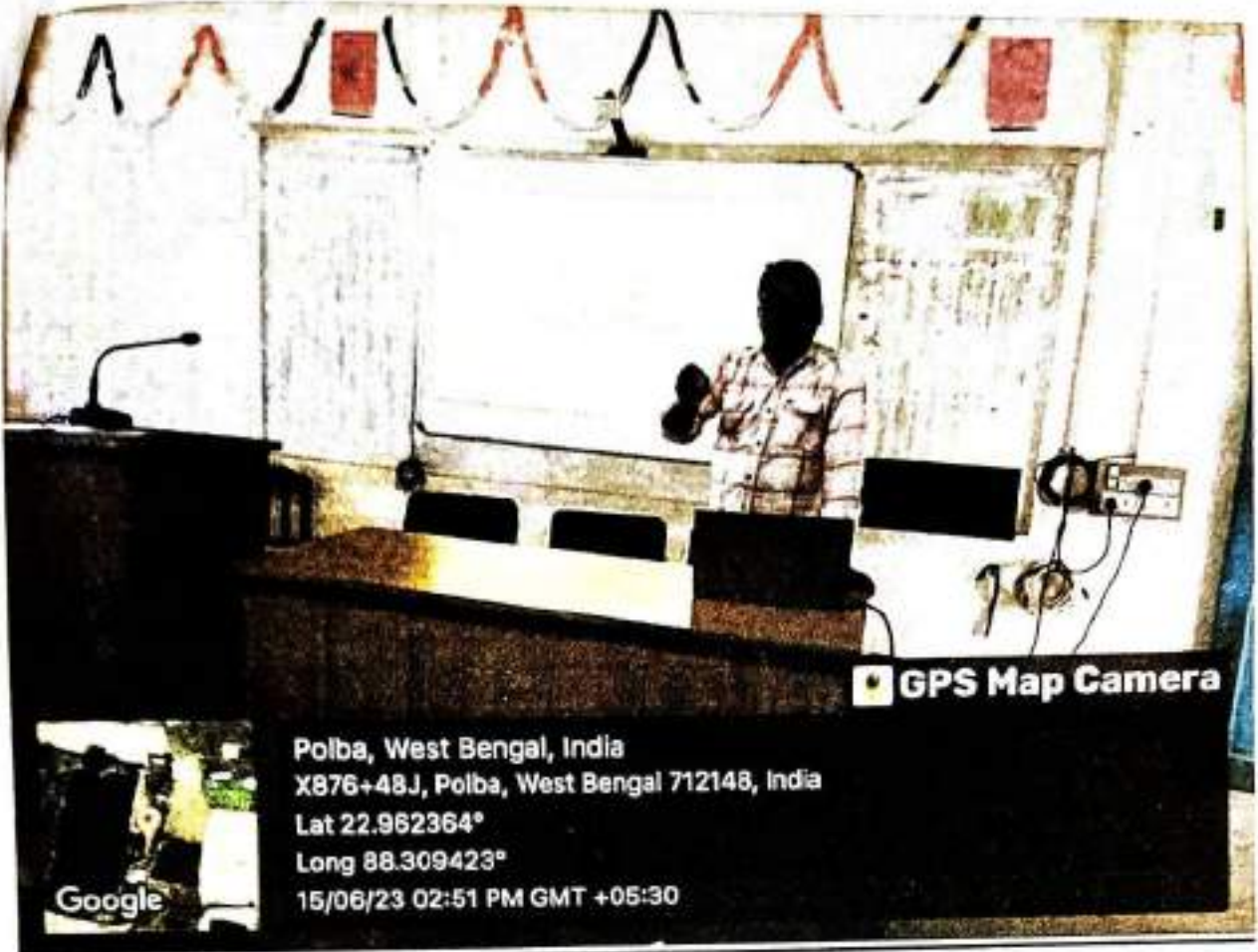
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9/10/22

Photographs



8/10/23



10/7/23





POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognised under Sections 2(f) & 12(B) of the UGC Act, 1956

NAAC Accredited

Certificate of Participation

This is to certify that

.....
Simran Harvin B.A. General 4th Semester
....., has successfully
completed Add-on course entitled
.....
Development of Mental Health and Hygiene
.....
organised by the Department of Education and IQAC, Polba Mahavidyalaya, Polba,
Hooghly-712148, from 5th June to 19th June 2023, and obtained Grade A+

Sohini Ghosh
HOD, Dept. of Education
(Dr. Sohini Ghosh)

Santana Sengupta
IQAC Co-ordinator
(Dr. Santana Sengupta)

Narajpal Kishore
Teacher in charge
(Narajpal Kishore)



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NAAC Accredited

Certificate of Participation

This is to certify that

.....
Tamanna Tabassum B.A. General 4th Semester
....., has successfully
completed Add-on course entitled
.....
Development of Mental Health and Hygiene
.....
organised by the Department of Education and IQAC, Polba Mahavidyalaya, Polba,
Hooghly-712148, from 5th June to 19th June 2023, and obtained Grade A+

Sohini Ghosh
HOD, Dept. of Education
(Dr. Sohini Ghosh)

Santana Sengupta
IQAC Co-ordinator
(Dr. Santana Sengupta)

Narajpal Kishore
Teacher in charge
(Narajpal Kishore)

8
19/6/23

Assessment of Mental Health and Hygiene

Sl. No	Category	Agree	Uncertain	Disagree
1	I am satisfied and happy with my life.		✓	
2	My life is very happy.	✓		
3	Even when I am with the members of my family, I feel lonely.		✓	
4	I am confident about my ability.	✓		
5	I have not been able to achieve as much as I want to.		✓	
6	I am not as adequate and competent as others are.		✓	
7	I am very Intelligent and Competent.	✓		
8	I do not want to mix up with others.			✓
9	People are selfish.	✓		
10	I have no Zest for Living.			✓
11	I generally trust people and have no problem getting along with them.	✓		
12	I experience a sense of well-being.	✓		
13	I get enough love and satisfaction from my family and others.	✓		
14	I generally able to solve my problems when I encounter them. I do not remain in a conflicting situation.	✓		
15	I have no goal in Life. Life just drags on.			✓

Simran Parvin
Sem - 4th

Total - 34 (8x3 + 4x2x1)

Q. Fair.

Assessment of Mental Health and Hygiene

Sl. No	Category	Agree	Uncertain	Disagree
1	I am satisfied and happy with my life.		✓	
2	My life is very happy.		✓	
3	Even when I am with the members of my family, I feel lonely.	✓		
4	I am confident about my ability.	✓		
5	I have not been able to achieve as much as I want to.		✓	
6	I am not as adequate and competent as others are.			✓
7	I am very Intelligent and Competent.	✓		
8	I do not want to mix up with others.			✓
9	People are selfish.	✓		
10	I have no Zest for Living.			✓
11	I generally trust people and have no problem getting along with them.	✓		
12	I experience a sense of well-being.	✓		
13	I get enough love and satisfaction from my family and others.	✓		
14	I generally able to solve my problems when I encounter them. I do not remain in a conflicting situation.	✓		
15	I have no goal in Life. Life just drags on.			✓

Total = 34 (8x3 + 3x2 + 4x1)
Fair.

Tamanna Tabassum, Sem-4th

Sl. No	Category	Agree	Uncertain	Disagree
1	I am satisfied and happy with my life.	✓		
2	My life is very happy.	✓		
3	Even when I am with the members of my family, I feel lonely.			✓
4	I am confident about my ability.	✓		
5	I have not been able to achieve as much as I want to.			✓
6	I am not as adequate and competent as others are.			✓
7	I am very Intelligent and Competent.			✓
8	I do not want to mix up with others.		✓	
9	People are selfish.		✓	
10	I have no Zest for Living.			✓
11	I generally trust people and have no problem getting along with them.			✓
12	I experience a sense of well-being.			✓
13	I get enough love and satisfaction from my family and others.	✓		
14	I generally able to solve my problems when I encounter them. I do not remain in a conflicting situation.	✓		
15	I have no goal in Life. Life just drags on.			✓

Total = 27 (5 x 3 + 2 x 2 + 8 x 1)
Good

Babita Ghosh

Sem. → 4th

ASSESSMENT of Mental Health and Hygiene

Sl. No.	Category	Agree	Uncertain	Disagree
1	I am satisfied and happy with my life.	✓		
2	My life is very happy.			✓
3	Even when I am with the members of my family, I feel lonely.		✓	
4	I am confident about my ability.			✓
5	I have not been able to achieve as much as I want to.			✓
6	I am not as adequate and competent as others are.		✓	
7	I am very Intelligent and Competent.			✓
8	I do not want to mix up with others.	✓		
9	People are selfish.			✓
10	I have no Zest for Living.		✓	
11	I generally trust people and have no problem getting along with them.			✓
12	I experience a sense of well-being.	✓		
13	I get enough love and satisfaction from my family and others.		✓	
14	I generally able to solve my problems when I encounter them. I do not remain in a conflicting situation.			✓
15	I have no goal in Life. Life just drags on.			✓

Total = 25 (3x3 + 4x2 + 8x1)
 poor.



Polba Mahavidyalaya
Polba, Hooghly
Pin-712148
(Affiliated to the University of Burdwan)

Add on Course

SUBJECT
Introduction to Braille

Organized by
Department of Education
&
IQAC

Duration: 30 Hours
23rd May 2023 to 5th June, 2023

Chief Patron
Mr. Narugopal Kuibarta
Teacher-in-Charge

Eligibility
2nd and 4th Semester Students (ongoing)

No Course fees are needed for this course; the course is free for interested students

Certificates will be issued only to those participants who complete the Course successfully by following rules & regulations.

Rules & Regulations related to the Course:

- The assessment process will have a total score of 100. Out of these 10 marks for attendance.
- The process of evaluation will be explained during the class sessions.
- Students must attend all the assessments that have been scheduled to be eligible for certification.
- Every student must have a minimum attendance of 70% throughout the course to receive any certificate.
- The certificate's category will be decided based on the marks obtained, following the subsequent guidelines:

Score on 100	Grade
90-100	A+
80-89	A
70-79	B+
60-69	B
50-59	C
Below 50	Fail

S
10/07/23

Course Design

Course	Introduction to Braille
Eligibility	2 nd and 4 th Sem students of undergraduate level
Faculty	Internal faculty
Course Fee	Nil
Intake Capacity	20
Class Duration	1 Class-1 hr. 3hrs / day.
Course Duration	30 hours
Assessment Process	i. Attendance ii. Practical test
Student Feedback	

Course Objectives

This 30-hour Basic Braille course will provide:

- understanding about pre braille skill
- an opportunity to improve braille skills
- basic knowledge about Braille alphabet
- Concept about braille alphabet, capitalization, paragraphing, punctuation, cardinal numbers, one-cell whole-word contractions, whole-word contractions, part-word contractions, ordinal numbers, whole-word lower sign contractions, part-word lower sign contractions, short-form words, and some formatting.
- participation in independent and group work and will apply their knowledge as they read and write with braille materials.

9/10/23

Course Description

Braille, a universally accepted system of writing used by and for blind persons and consisting of a code of 63 characters, each made up of one to six raised dots arranged in a six-position matrix or cell. These Braille characters are embossed in lines on paper and read by passing the fingers lightly over the manuscript. Louis Braille, who was blinded at the age of three, invented the system in 1824 while a student at the Institution Nationale des Jeunes Aveugles (National Institute for Blind Children), Paris.

When Louis Braille entered the school for the blind in Paris, in 1819, he learned of a system of tangible writing using dots, invented several years earlier by Charles Barbier. It was called night writing and was long thought to have been intended for nighttime battlefield communications. However, Barbier's writings suggest that he hoped the system could be used by people with visual and hearing impairments and anyone who was unable to obtain a formal education. In 1824, when Braille was only 15 years old, he developed a six-dot "cell" system. He used Barbier's system as a starting point and cut its 12-dot configuration in half. The system was first published in 1829; a more complete elaboration appeared in 1837.

To aid in identifying the 63 different dot patterns, or characters, that are possible within the six-dot cell, Braille numbered the dot positions 1-2-3 downward on the left and 4-5-6 downward on the right. The first 10 letters of the Latin alphabet—*a* through *j*—are formed with dots 1, 2, 4, and 5. When preceded by the numeric indicator (dots 3, 4, 5, and 6), these signs have number values. The letters *k* through *t* are formed by adding dot 3 to the signs that represent *a* through *j*. Five of the remaining letters of the alphabet and five very common words are formed by adding dots 3 and 6 to the signs representing *a* through *j*. When dot 6 is added to the first 10 letters, the letter *w* and 9 common letter combinations are formed. Punctuation marks and two additional common letter combinations are made by placing the signs that represent letters *a* through *j* in dot positions 2, 3, 5, and 6. Three final letter combinations as well as the numeric indicator and two more punctuation marks are formed with various combinations of dots 3, 4, 5, and 6. Seven additional dot patterns are formed by dots 4, 5, and 6; some represent attributes such as capital letters or italics, while others are unique to Braille's cell-based structure. Like the numeric indicator, these signs serve as modifiers when placed before any of the other signs. Through the application of this principle, the various signs can function in multiple ways. For example, dot 5 added before the sign for the letter *d* forms the Braille contraction for "day."

5/10/02/23

Course Schedule

Hour	Topic	Teaching Activities
1-3	-Course Introduction - History of Braille, Braille development concept - Louis Braille the Braille inventor	Pre braille Skill Based Activities
3-7-	- Pre-braille skill -Concept of Six dots -Slate and Stylus usage	
7-10	-Braille and literacy	
10-12	-Concept of English Braille	English Braille Writing and Reading-Based Activities
12-22	-Braille grade 1 (without contraction)	
22-25	-Braille reading and writing skill development	
25-29	-Learn basic number concept	
29-30	Assessment	

Instructor:

Dr. Sohini Ghosh

(RCI Registration Number: A16312)

Department of Education

S 10/2/23

Course Outcome

- Understand the theory behind the braille written language.
- Visually identify written braille letters of the alphabet.
- Begin demonstrating familiarity with braille letters by touch.
- Develop empathy for the visually impaired.

g 10/4/23

To
The Teacher-in-Charge
Polba Mahavidyalaya
Polba, Hooghly
Pin- 712148

Sub: Seeking permission to organize an Add on course on Introduction to Braille

Sir,

With due respect, I, on behalf of Department of Education, would like to request your kind permission to organize an thirty-hour Add on course entitled "Introduction to Braille" during the period of 23rd May to 5th June, 2023 in the college premises.

Hope you would be kind enough to provide your administrative permission for the forthcoming Add on Course.

Thanks and Regards,

Sohini Ghosh 28/04/23

Sohini Ghosh
Assistant Professor,
Polba Mahavidyalaya

Allowed.
29/4/23.

g
10/04/23

**List of Students Enrolled in the Add On Course "Introduction to Braille"
for the session 2022-23**

(23rd May to 5th June, 2023)

Sl No	Roll No	Subject	Semester	Name	Signature
1.	104	Education		Ka. V. n. n. Bhattachik	Ka. V. n. n. Bhattachik
2.	105	Education		Sabi. Tazmin	Sabi. Tazmin
3	111	Education		Srecha Mondal	Srecha Mondal
4.	108	Education		Subrimta Ghosh	Subrimta Ghosh
5.	114	Education		Taniya Khatun	Taniya Khatun
6.	115	Education		Saniya Khatun	Saniya Khatun
7.	109	Education		Kesha Dhan	Kesha Dhan
8.	101	Education		Pinki Bera	Pinki Bera
9.	112	Education		Riya Das	Riya Das
10	104	Education		Emar Sen.	Emar Sen.
11.	103	Education		Anusree Santra	Anusree Santra
12.	110	Education		Manish Kumar Ghosh	Manish Kumar Ghosh
13		Education		Masuma Khatun	Masuma Khatun
14		Education		Hasina Sarker	Hasina Sarker

S
2/10/07/23

12)					
13)		Education		Afroja khatoon	Afroja khatoon
16)		Education		Jayita Adak	Jayita Adak
17)		Education		S-k Masuma	Masuma
18)		Education		Sharmi pat	Sharmi pat

Sohir Ghosh
 HoD, Department of Education

[Signature]

S
 10/07/23

Attendance Register

Add on course: Introduction to

REGISTER OF ATTENDANCE FOR THE MONTH

ATTENDANCE

Sl. No.	NAME OF PUPILS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Rinku Poon	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Mamta Khatun	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Raushan Samra	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Pooja Son	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Safin Tasim	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Nafisa Samra	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Kankana Bhattacharya	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Sumita Ghosh	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Kanish Ghosh	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Mahesh Ghosh	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Sanku Ghoshal	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Riya Das	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Shruti Khatun	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Tanya Khatun	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Ashish Mandal	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Shalini	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Jayita Adak	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Sa. Meena	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Braille

ANCE OF PUPILS OF May-June 2023

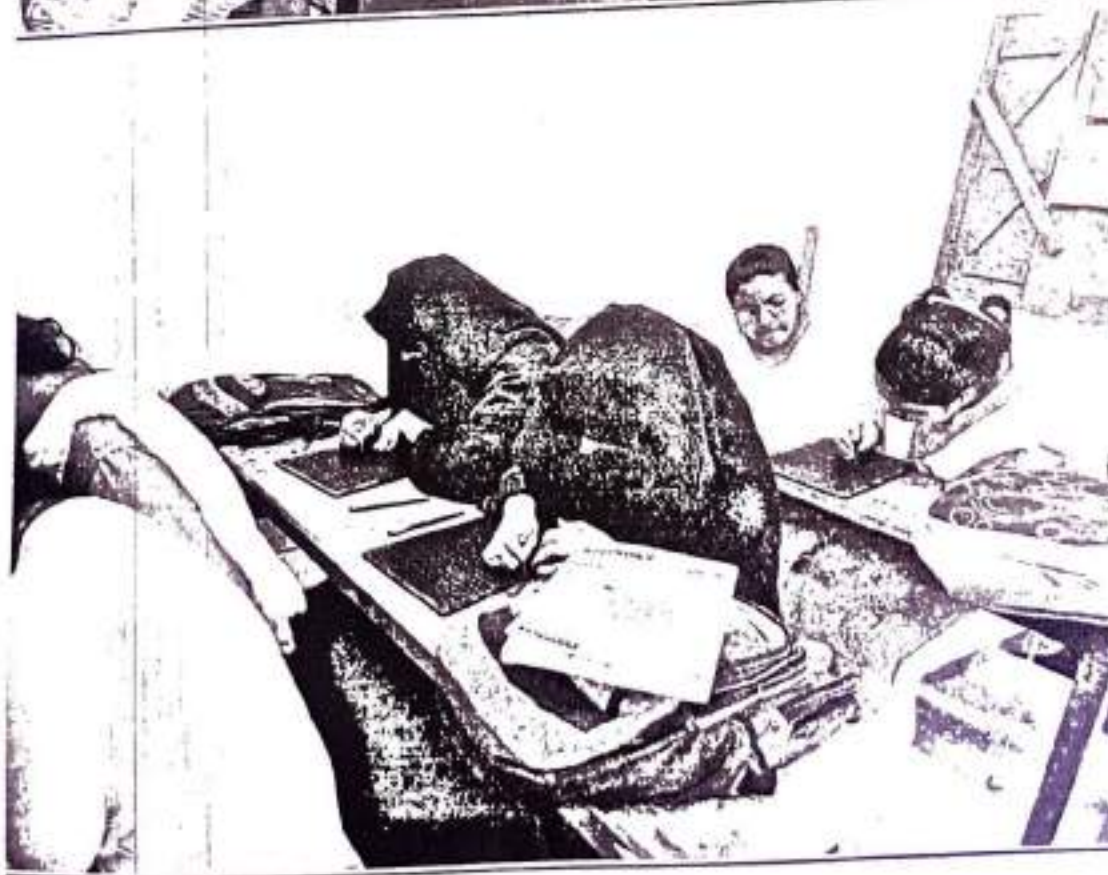
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Sl. No.	NAME OF PUPILS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Rinku Poon	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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10/2/23



6/10/23



10/2/23



9/10/23



POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148
 AFFILIATED TO THE UNIVERSITY OF BURDWAN
 Recognized under Sections 2(f) & 12(B) of the UGC Act, 1956
 NAAC Accredited



Certificate of Participation

This is to certify that

Abinash Kumar Ghosh (B.A. Honours, Sanskrit) has successfully
 completed Add-on course entitled

"Introduction to Braille"

organised by the Department of Education and IQAC, Polba Mahavidyalaya, Polba,
 Hooghly-712148, from 22nd May to 5th June, 2023, and obtained Grade A

Selina Ghosh
 HOD, Dept. of Education
 (Dr. Indira Ghosh)

Jyoti
 IQAC Co-ordinator
 (Dr. Jyoti Sengupta)

Abinash
 Teacher-in-charge
 (Nirajol Kashari)



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 (Dr. Indira Ghosh)

Jyoti
 IQAC Co-ordinator
 (Dr. Jyoti Sengupta)

Abinash
 Teacher-in-charge
 (Nirajol Kashari)

g
 19/9/23

NAME - TANIY KHATUN

ROLL - 114

SEM - VI

SUB - EDUCATION



a=

b=

c=

d=

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f=

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h=

i=

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k=

l=

m=

NAME- Riya Das
ROLL NO - 112
SUB - Education
SEM - 6th

17
25
g

a=



b=

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c=



d=

e=



Name - Susmita Ghosh
Sem - 6th
Dept - Education

19
25

J

a =

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f =

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Polba Mahavidyalaya
Polba, Hooghly
Pin-712148
(Affiliated to the University of Burdwan)

Add on Course

SUBJECT

**Application of GIS &
Remote Sensing in
Disaster Study**

Organized by

**Department of Geography &
IQAC**

Duration: 30 Hours
23rd May, 2023 to 5th June, 2023

Chief Patron

Mr. Narugopal Kaibarta
Teacher-in-Charge

Eligibility

6th Semester Student of Geography (ongoing)

No Course fees are needed for this course; the course is free for interested students

Certificates will be issued only to those participants who complete the Course successfully by following rules & and regulations.

Rules & Regulations related to the Course:

- The assessment process will have a total score of 100. Out of these 10 marks for attendance.
- The process of evaluation will be explained during the class sessions.
- Students must attend all the assessments that have been scheduled to be eligible for certification.
- Every student must have a minimum attendance of 70% throughout the course to receive any certificate.
- The certificate's category will be decided based on the marks obtained, following the subsequent guidelines:

Score on 100	Grade
90-100	A+
80-89	A
70-79	B+
60-69	B
50-59	C
Below 50	Fail

R. Hajon
27/06/23

Course Design

Course	Basics of Computer Application
Eligibility	6 th Sem students of Under Graduate level of Geography
Faculty	Internal faculty
Course Fee	Nil
Intake Capacity	20
Class Duration	1 Class-1 hr.3hrs / day.
Course Duration	30 hours
Assessment Process	i. Attendance ii. Assignment
Student Feedback	

Course Objectives

This 30-hour “Application of GIS & Remote Sensing in Disaster Study” course will provide:

Understanding Disaster Dynamics: Gain insight into the dynamics of disasters, including their causes, impacts, and patterns, through the lens of Geographic Information Systems (GIS) and Remote Sensing (RS) technologies.

Introduction to GIS and RS Tools: Familiarize students with the basic principles, functionalities, and applications of GIS and RS tools in disaster management and mitigation.

Data Acquisition and Processing: Develop skills in acquiring, processing, and analyzing spatial data from various sources, including satellite imagery, aerial photographs, and GIS databases, to assess disaster risk and vulnerability.

Spatial Analysis Techniques: Learn advanced spatial analysis techniques, such as spatial interpolation, suitability modeling, and hotspot analysis, to identify high-risk areas and assess the potential impact of disasters.

Disaster Risk Assessment: Explore methodologies for conducting comprehensive disaster risk assessments using GIS and RS techniques, integrating factors such as land use, population density, infrastructure, and environmental hazards.

R. Hujar
27/06/23

Early Warning Systems: Understand the role of GIS and RS in developing early warning systems for natural disasters, including floods, wildfires, earthquakes, and hurricanes, to facilitate timely response and mitigation efforts.

Disaster Mapping and Visualization: Learn how to create informative and visually compelling maps and visualizations using GIS and RS tools to communicate spatial patterns, trends, and vulnerabilities related to disasters.

Integration with Other Disciplines: Explore interdisciplinary approaches by integrating GIS and RS with fields such as meteorology, geology, sociology, and urban planning to enhance disaster preparedness, response, and recovery strategies.

Case Studies and Practical Applications: Analyze real-world case studies and engage in hands-on exercises to apply GIS and RS techniques to various disaster scenarios, fostering critical thinking and problem-solving skills.

Course Description

This course offers an in-depth exploration into the application of Geographic Information Systems (GIS) and Remote Sensing (RS) technologies in the study, management, and mitigation of disasters. Through a combination of theoretical lectures, practical exercises, and case studies, students will gain the knowledge and skills necessary to utilize spatial analysis tools and geospatial data to understand the dynamics of disasters, assess risks, and develop effective disaster management strategies.

Couse Structure

S.No.	Chapter	Theory Hours	Practical Hours	Teaching Activities
1.	Introduction to GIS and Remote Sensing	2	2	Impairing knowledge of GIS & Remote Sensing
2.	Spatial Analysis Techniques	2	2	Impairing knowledge of the Spatial Analysis
3.	Data Processing and Disaster Mapping	2	4	Impairing knowledge of Data Processing and application of GIS and Remote Sensing in Disaster Management
4.	Early Warning Systems and Case Studies	2	2	Impairing Knowledge of application of GIS and Remote Sensing in early warning system

R. Hajar
23/06/23

5.	Integration and Practical Applications	2	4	Practical application of GIS and Remote Sensing in different types of disaster management with some practical examples
6.	Project Presentations and Review	1	4	Checking the students' project and review the whole course
	Total Hours	11	18	-
7	Assessment	1		-

Outline of the Syllabus

1. Introduction to GIS and Remote Sensing

Overview of GIS and RS technologies, principles, and applications in disaster studies.
 Introduction to geospatial data types, sources, and acquisition methods.
 Hands-on introduction to GIS software (e.g., ArcGIS, QGIS) and basic operations.

2. Spatial Analysis Techniques

Spatial analysis concepts and techniques for disaster risk assessment.
 Advanced spatial analysis methods, including proximity analysis, terrain modeling, and interpolation.
 Practical exercises on spatial analysis using GIS software.

3. Data Processing and Disaster Mapping

Data preprocessing techniques for satellite imagery and aerial photographs.
 Disaster mapping principles and visualization techniques.
 Creating disaster maps and visualizations using GIS software.

4. Early Warning Systems and Case Studies

Design and implementation of early warning systems for various types of disasters.
 Case studies of GIS and RS applications in disaster management and response.
 Analyzing case studies and conducting hands-on exercises.

5. Integration and Practical Applications

Interdisciplinary approaches to disaster study, integrating GIS and RS with other disciplines.
 Ethical and legal considerations in using GIS and RS data for disaster research.
 Final project workshop (students work on applying GIS and RS techniques to analyze a specific disaster scenario).

R. Hajar
 27/06/23

6. Project Presentations and Review

Project Presentations.

Course Review and Discussion.

Learning Resources

Andrew C. Millington, Mark D. Schulz, and Steven J. (2001). Arrowsmith. GIS and Remote Sensing Applications in Biogeography and Ecology. Spriger NY.

Qihao W. (2010). Remote Sensing and GIS Integration: Theories, Methods, and Applications. McGraw Hill.

Instructor:

1. Dr. Rituparna Hajra
(Registration No. 243-GID-B3-2006)
Department of Geography
2. Mr. Ayan Banerjee
Department of Geography

R. Hajra
27/06/23

Course Outcome

The outcomes of the course are:

Understanding of Disaster Dynamics: Students will demonstrate an understanding of the dynamics of disasters, including their causes, impacts, and patterns, and the role of GIS and remote sensing technologies in studying and analyzing these phenomena.

Proficiency in GIS and Remote Sensing Tools: Students will gain proficiency in using GIS and remote sensing software and tools to acquire, process, analyze, and visualize geospatial data relevant to disaster studies.

Spatial Analysis Skills: Students will develop skills in conducting spatial analysis, including proximity analysis, terrain modeling, and hotspot identification, to assess disaster risks and vulnerabilities.

Disaster Mapping and Visualization: Students will be able to create informative and visually compelling maps, graphs, and spatial visualizations using GIS and remote sensing techniques to communicate spatial patterns, trends, and vulnerabilities related to disasters.

Early Warning System Design: Students will understand the design and implementation of early warning systems for various types of disasters, leveraging GIS and remote sensing technologies to monitor, analyze, and forecast hazardous events for timely response and mitigation.

Disaster Risk Assessment: Students will be capable of conducting comprehensive disaster risk assessments using GIS and remote sensing techniques, integrating factors such as land use, population density, infrastructure, and environmental hazards to inform disaster management strategies.

Case Study Analysis: Students will analyze real-world case studies and apply GIS and remote sensing techniques to evaluate and assess disaster scenarios, developing critical thinking and problem-solving skills in the context of disaster management.

Interdisciplinary Integration: Students will explore interdisciplinary approaches by integrating GIS and remote sensing with other disciplines such as meteorology, geology, sociology, and urban planning to enhance disaster preparedness, response, and recovery strategies.

Ethical and Legal Considerations: Students will understand the ethical and legal implications of using GIS and remote sensing data in disaster studies, including data privacy, intellectual property rights, and the responsible dissemination of sensitive information.

Project Management and Communication: Students will demonstrate the ability to manage and communicate geospatial analysis results effectively, including project planning, data interpretation, and presentation to stakeholders in disaster management and response agencies.

R. Hoja
27/06/23

To
The Teacher-in-Charge
Polba Mahavidyalaya
Polba, Hooghly
Pin- 712148

Sub: Seeking permission to organize an Add on course on Application of GIS & Remote Sensing in Disaster Study

Sir,

With due respect, I, on behalf of Department of Geography, would like to request your kind permission to organize an thirty-hour Add on course entitled "Application of GIS & Remote Sensing in Disaster Study" during the period of 23rd May to 5th June, 2023 in the college premises.

Hope you would be kind enough to provide your administrative permission for the forthcoming Add on Course.

Thanks and Regards,

Rituparna Hajra

Dr. Rituparna Hajra 28/04/2023
Assistant Professor,
Polba Mahavidyalaya

Allowed.
R. Hajra
28/04/23.

R. Hajra
28/06/23



Telephone: (03213) 225128, 225133

Fax : (03213) 225128

web site: polbamahavidyalaya.com

e-mail: officepolbamahavidyalaya@gmail.com

POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

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Recognized under Sections 2(f) & 12(B) of the UGC Act. 1956

NAAC Accredited

Ref. No. _____

Date: 06/05/2023

Notice

All Teaching, Non-Teaching Staff and Students of Polba Mahavidyalaya are hereby informed that the Department of Geography in collaboration with IQAC is going to organize an Add on Course entitled "Application of GIS & Remote Sensing in Disaster Study" during 23rd May, 2023 to 5th June, 2023 at the College premises.

Interested students are requested to enroll their name in this course immediately.

R. Hajra 6/5/2023

HOD

Department of Geography

J. D. Ghosh 6/5/23.

Coordinator

IQAC

W. Banerjee 06/5/2023.

Teacher-in-Charge

R. Hajra
27/06/23

List of Students Enrolled in the Add On Course "Application of Remote Sensing and GIS in Disaster Study" for the session 2022-23

Sl No	Roll No	Subject	Semester	Name	Signature
1	301	Geography		Souvik Mondal	Souvik Mondal
2	302	Geography		Ramadip Roy	Ramadip Roy
3	303	Geography		Soumili Mukherjee	Soumili Mukherjee
4	304	Geography		Sayani Ghosh	Sayani Ghosh
5	305	Geography		Shreya Ghosh	Shreya Ghosh
6	307	Geography		Gulsamara Begam	Gulsamara Begam
7	308	Geography		Anirban Das	Anirban Das
8	309	Geography		Nowshin Yashmin	Nowshin Yashmin
9	310	Geography		Sayam Bauldas	Sayam Bauldas

Ritaparna Hazra
HoD, Department of Geography

N. Bhattacharya
Teacher-in-Charge

R. Hazra
27/06/23

Class continued on 1st Jan 2010/2011
upto 09/01/2011

REGISTER OF ATTEND.

FOR THE MONTH

NAME OF PUPILS

ATTEND

NAME OF PUPILS		ATTEND -																											
Roll No.		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
1. 301	Kousik Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2. 302	Samadip Ray	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3. 303	Souvik Bhattacharya	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4. 304	Soumya Ghosh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5. 305	Soumya Ghosh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6. 306	Koushik Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7. 307	Arindam Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8. 308	Arindam Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9. 309	Arindam Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10. 310	Arindam Mondal	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

ANCE OF PUPILS

OF 2010-2011

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Remarks

ANCE													No. of days																
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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REMARKS

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POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act, 1956

NAAC Accredited

Certificate of Participation

This is to certify that

.....*Adarsh Das*..... (B.A. Honours, Sem. II)....., has successfully

completed Add-on course entitled

....."*Application of Remote Sensing and GIS in Disaster Study*".....

organised by the Department of Geography and IQAC, Polba Mahavidyalaya, Polba,
Hooghly-712148, from 23rd May... to 6th June... 2023, and obtained Grade...A+....

Rishwana Haiza

IQAC, Dept. of Geography

(Dr. Rishwana Haiza)

Dr. Santanu Sengupta

IQAC Co-Ordinator

(Dr. Santanu Sengupta)

Dr. Narugopal Kaibarta

Teacher-in-charge

(Mr. Narugopal Kaibarta)

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27/06/23



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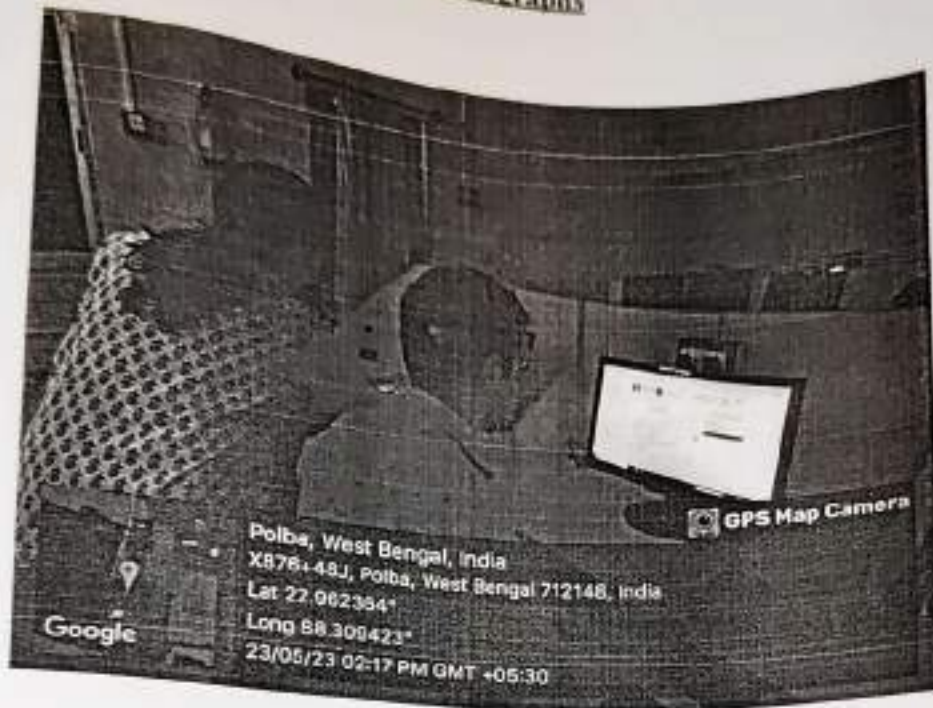
Rituparna Hira
HOD, Dept. of Geography
(Dr. Rituparna Hira)

Dr. Sanam
IQAC Co-Ordinator
(Dr. Sanam Sengupta)

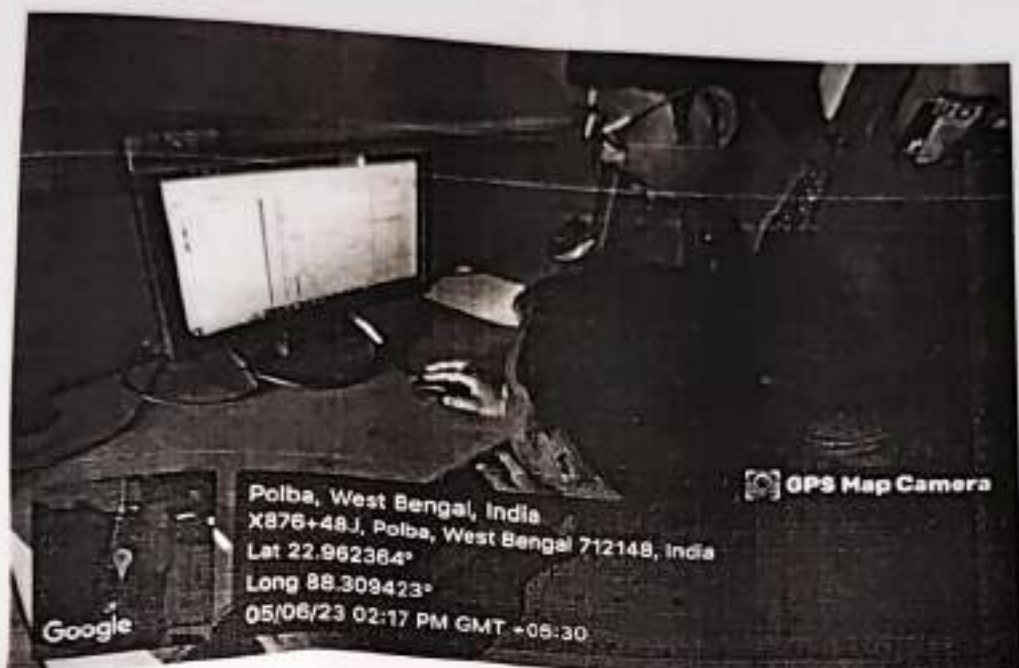
N. Subant
Teacher-in-charge
(Mr. Narugopal Khaitoria)

22/06/23
K. Hira

Photographs



R. Hajon
27/06/23



R. Hagan
27/06/23

Polba Mahavidyalaya

Polba, Hooghly

Add On Course (23rd May, 2023 to 5th June, 2023) Assessment

Subject: Application of GIS & Remote Sensing in Disaster Study

Total Marks: 20

Time: 1 hr

Answer all questions:

1. Which of the following best describes the role of GIS in disaster management?
A. Analyzing meteorological data
B. Managing disaster response teams
☒ C. Mapping and analyzing spatial data to support decision-making
D. Generating financial reports for disaster relief
2. What type of remote sensing data is most commonly used to monitor flood extent?
A. Optical imagery
B. Thermal imagery
☒ C. Radar imagery
D. LiDAR data
3. In the context of disaster management, what does DEM stand for?
☒ A. Digital Elevation Model
B. Data Extraction Method
C. Disaster Evaluation Metric
D. Dynamic Earth Model
4. Which remote sensing technique is particularly useful for tracking wildfires?
A. Landsat imagery
B. SAR (Synthetic Aperture Radar)
☒ C. MODIS (Moderate Resolution Imaging Spectroradiometer)
D. Hyperspectral imaging
5. How can GIS be used to assess earthquake damage?
A. By analyzing soil moisture levels
☒ B. By mapping structural damage and infrastructure impacts
C. By predicting future earthquake occurrences
D. By tracking temperature changes
6. What is the primary advantage of using satellite imagery over aerial photography for disaster monitoring?
A. Higher resolution
☒ B. Greater coverage and accessibility
C. Lower cost
D. Easier to interpret
7. Which GIS function is used to combine multiple layers of spatial data to analyze disaster risk?
A. Buffering
☒ B. Overlay analysis
C. Clipping
D. Digitizing
8. Remote sensing can detect which of the following parameters to monitor drought conditions?
☒ A. Soil moisture

- B. Atmospheric pressure
- C. Ocean currents
- D. Wind speed

9. Which of the following GIS tools is used to identify areas at risk of landslides?

- A. Proximity analysis
- B. Network analysis
- C. Suitability analysis
- D. Temporal analysis

10. What is the main advantage of using GIS for evacuation planning during a natural disaster?

- A. It can predict the exact timing of the disaster.
- B. It helps in visualizing and optimizing evacuation routes.
- C. It provides real-time weather updates.
- D. It generates financial aid estimates.

11. Which type of remote sensing data would be most useful for monitoring coastal erosion?

- A. Landsat imagery
- B. LiDAR data
- C. Thermal infrared imagery
- D. SAR data

12. In disaster studies, what does "hazard mapping" refer to?

- A. Mapping the location of emergency services
- B. Identifying areas prone to specific types of disasters
- C. Tracking the spread of disease
- D. Estimating the financial cost of disasters

13. What type of data would you use from GIS to assess the impact of a tsunami?

- A. Land use data
- B. Vegetation cover data
- C. Bathymetric data
- D. Air quality data

14. How can GIS be utilized in post-disaster recovery?

- A. By providing real-time data on the event's progress
- B. By analyzing social media for disaster reports
- C. By mapping damaged areas to prioritize recovery efforts
- D. By generating weather forecasts

15. Which remote sensing technique is best suited for monitoring changes in vegetation health during a disaster?

- A. Hyperspectral imaging
- B. SAR (Synthetic Aperture Radar)
- C. Thermal infrared imaging
- D. Optical satellite imagery

16. What is the purpose of using GIS in risk assessment for natural hazards?

- A. To determine the economic impact of disasters
- B. To predict the occurrence of natural hazards
- C. To identify and map vulnerable areas and populations
- D. To assess the performance of emergency response teams

17. Which remote sensing data type is most effective for detecting oil spills?
- A. Optical imagery
 - B. LiDAR data
 - ☒ C. Radar imagery
 - D. Thermal infrared imagery
18. In GIS, what does the term "spatial analysis" refer to in the context of disaster management?
- A. Analyzing the temporal changes in disaster data
 - ☒ B. Analyzing data based on its geographic location and relationships
 - C. Assessing the economic impacts of disasters
 - D. Generating financial aid distributions
19. Which remote sensing technology is most commonly used to assess damage caused by hurricanes?
- ☒ A. Optical satellite imagery
 - B. Ground-penetrating radar
 - C. Infrared thermography
 - D. Acoustic sensors
20. How does remote sensing contribute to early warning systems for natural disasters?
- A. By providing real-time updates on social media
 - ☒ B. By detecting changes in environmental conditions that precede disasters
 - C. By managing logistics for disaster relief
 - D. By forecasting financial impacts of disasters

Polba Mahavidyalaya

Polba, Hooghly

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Subject: Application of GIS & Remote Sensing in Disaster Study

Time: 1 hr

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Total Marks: 20

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Sandip Das
Roll: 304

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Polba Mahavidyalaya

Polba, Hooghly

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 - ☒ C. Suitability analysis
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10. What is the main advantage of using GIS for evacuation planning during a natural disaster?
- A. It can predict the exact timing of the disaster.
 - ☒ B. It helps in visualizing and optimizing evacuation routes.
 - C. It provides real-time weather updates.
 - D. It generates financial aid estimates.
11. Which type of remote sensing data would be most useful for monitoring coastal erosion?
- A. Landsat imagery
 - ☒ B. LiDAR data
 - C. Thermal infrared imagery
 - D. SAR data
12. In disaster studies, what does "hazard mapping" refer to?
- A. Mapping the location of emergency services
 - B. Identifying areas prone to specific types of disasters
 - ☒ C. Tracking the spread of disease
 - D. Estimating the financial cost of disasters
13. What type of data would you use from GIS to assess the impact of a tsunami?
- A. Land use data
 - B. Vegetation cover data
 - ☒ C. Bathymetric data
 - D. Air quality data
14. How can GIS be utilized in post-disaster recovery?
- A. By providing real-time data on the event's progress
 - B. By analyzing social media for disaster reports
 - ☒ C. By mapping damaged areas to prioritize recovery efforts
 - D. By generating weather forecasts
15. Which remote sensing technique is best suited for monitoring changes in vegetation health during a disaster?
- ☒ A. Hyperspectral imaging
 - B. SAR (Synthetic Aperture Radar)
 - C. Thermal infrared imaging
 - D. Optical satellite imagery
16. What is the purpose of using GIS in risk assessment for natural hazards?
- A. To determine the economic impact of disasters
 - B. To predict the occurrence of natural hazards
 - ☒ C. To identify and map vulnerable areas and populations
 - D. To assess the performance of emergency response teams

17. Which remote sensing data type is most effective for detecting oil spills?
- A. Optical imagery
 - B. LiDAR data
 - ☒ C. Radar imagery
 - D. Thermal infrared imagery
18. In GIS, what does the term "spatial analysis" refer to in the context of disaster management?
- A. Analyzing the temporal changes in disaster data
 - ☒ B. Analyzing data based on its geographic location and relationships
 - C. Assessing the economic impacts of disasters
 - D. Generating financial aid distributions
19. Which remote sensing technology is most commonly used to assess damage caused by hurricanes?
- ☒ A. Optical satellite imagery
 - B. Ground-penetrating radar
 - C. Infrared thermography
 - D. Acoustic sensors
20. How does remote sensing contribute to early warning systems for natural disasters?
- A. By providing real-time updates on social media
 - ☒ B. By detecting changes in environmental conditions that precede disasters
 - C. By managing logistics for disaster relief
 - D. By forecasting financial impacts of disasters



Polba Mahavidyalaya
Polba, Hooghly
Pin-712148
(Affiliated to the University of Burdwan)

Add on Course

SUBJECT
Introduction to Draft Writing

Organized by
Department of English
&
IQAC

Duration: 30 Hours
23rd May 2023 to 8th June, 2023

Chief Patron
Mr. Narugopal Kaibarta
Teacher-in-Charge

Eligibility
2nd and 4th Semester Student (ongoing)

MD H. Zahid Rahnim Sarder.
11.07.24

To,
The Teacher-in-Charge,
Polba Mahavidyalaya,
Polba, Hooghly,
Pin- 712148.

**Sub: Seeking permission to organize an Add on course on
"INTRODUCTION TO DRAFT WRITING"**

Respected Sir,

With due respect, I, on behalf of the Department of English, Polba Mahavidyalaya, would like to request your kind permission to organize a thirty hour Add on course on "INTRODUCTION TO DRAFT WRITING" during the period of 23rd May to 8th June, 2023.

Hope you would be kind enough to provide your administrative support for the forthcoming Add on course.

Thanks and Regards,

Mr. Mizanur Rahman Sardar

Mr. Mizanur Rahman Sardar,
Assistant Professor of English,
Polba Mahavidyalaya,
Hooghly-712148.

*Approved
@kibul
16/5/24.*



Telephone: (03213) 225128, 225133
web site: polbamahavidyalaya.com, Fax : (03213) 225128
e-mail: officepolbamahavidyalaya@gmail.com

POLBA MAHAVIDYALAYA

Post Office - Polba, District – Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN
Recognized under Sections 2(f) & 12(B) of the UGC Act, 1956 NAAC Accredited

Ref. No. _____

Date: _____

Notice

All Teaching, Non-Teaching Staff and Students of Polba Mahavidyalaya are hereby informed that the Department of English in collaboration with IQAC is going to organize an Add on Course entitled "Introduction to Draft Writing" during the period 23rd May to 8th June, 2023, at the College premises.

Interested students are requested to enrol their name in this course immediately.

Coordinator
IQAC

Teacher-in-Charge

Teacher in Charge
Polba Mahavidyalaya
Polba, Hooghly, West Bengal



List of Students Enrolled in the Add On Course "Introduction to Draft Writing"
for the Session 2022-23

Sl No	Roll No	Subject	Semester	Name	Signature
1.	201	English	4 th	Bamita Ganguly	Bamita Ganguly
2.	206	English	4 th	Rittika Nandi	Rittika Nandi
3.	209	English	4 th	Tithi Ghosh	Tithi Ghosh
4.	203	English	4 th	Shraboni Ghosh	Shraboni Ghosh
5.	204	English	4 th	Jit Sinha	Jit Sinha
6.	202	English	4 th	Susmita Maity	Susmita Maity
7.	207	English	4 th	Ananya Mukherjee	Ananya Mukherjee
8.	208	English	4 th	Debasish Mondal	Debasish Mondal
9.	205	English	4 th	Akil Hossain	Akil Hossain
10.	210	English	4 th	SK. Mohammad Shoyeb	SK. Mohammad Shoyeb

Md. Mizanur Rahman Sardar.

11.	201	English	2nd	Pooja Singh	Pooja Singh
12.	202	English	2nd	Pakita Debnath	Pakita Debnath
13.	203	English	2nd	Sakirun Khatun	Sakirun Khatun
14.	204	English	2nd	Biresh Kumar Ghosh	Biresh Kumar Ghosh
15.	205	English	2nd	Sohini Ghosh	Sohini Ghosh
16.	206	English	2nd	Mehak Sultana	Mehak Sultana

Hd Mizanur Rahman Sardar

HoD, Department of English



Teacher-in-Charge



POLBA MAHAVIDYALAYA

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AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act, 1956

NAAC Accredited

Certificate of Participation

This is to certify that

Pranita Gargal, of Semester IV, has successfully completed Add-on course entitled Introduction to Draft Writing organized by the Department of English and IQAC, Polba Mahavidyalaya, Polba, Hooghly-712148, from 23rd May to 8th June, 2023, and obtained Grade A+

Md. Muzaffer Rahman Sarker
Course Coordinator (HOD),
Dept. of English
(Md. Muzaffer Rahman Sarker)

Santana Sengupta
IQAC Co-Ordinator
(Santana Sengupta)

Narayanpal Khaitan
Teacher-in-Charge
(Narayanpal Khaitan)



POLBA MAHAVIDYALAYA

Post Office - Polba, District - Hooghly, West Bengal, Pin - 712148

AFFILIATED TO THE UNIVERSITY OF BURDWAN

Recognized under Sections 2(f) & 12(B) of the UGC Act. 1956
NAAC Accredited

Certificate of Participation

This is to certify that

Pooja Singh, of Semester II, has successfully completed Add-on course entitled Introduction to Draft Writing organized by the Department of English and IQAC, Polba Mahavidyalaya, Polba, Hooghly-712148, from 23rd May to 8th June, 2023, and obtained Grade A+

Md Mizanur Rahman Sardar.

Course Coordinator EHOOD,

Dept. of English

(Md. Mizanur Rahman Sardar)

S. Sengupta

IQAC Co-Ordinator

(Santanu Sengupta)

A. K. Chakrabarti

Teacher-in-charge

(Naragopal Khandaita)

No Course fees are needed for this course; the course is free for interested students

Certificates will be issued only to those participants who complete the Course successfully by following rules & and regulations.

Rules & Regulations related to the Course:

- The assessment process will have a total score of 100. Out of these 10 marks for attendance.
- The process of evaluation will be explained during the class sessions.
- Students must attend all the assessments that have been scheduled to be eligible for certification.
- Every student must have a minimum attendance of 70% throughout the course to receive any certificate.
- The certificate's category will be decided based on the marks obtained, following the subsequent guidelines:

Score on 100	Grade
90-100	A+
80-89	A
70-79	B+
60-69	B
50-59	C
Below 50	Fail

Hd Huzefa Rahman Sardar
11.07.24

Course Design

Course	Introduction to Braille
Eligibility	2 nd and 4 th Sem students of undergraduate level
Faculty	Internal faculty
Course Fee	Nil
Intake Capacity	20
Class Duration	1 Class-1 hr. 2hrs / day.
Course Duration	30 hours
Assessment Process	i. Attendance ii. Practical test
Student Feedback	

Md Mizanur Rahman Sarkar
11.07.24

Course Objectives

This 30-hour Basic Draft Writing course will provide:

- Understanding the writing process
- Purpose of drafting
- Learn techniques for generating and organizing ideas during the drafting phase, including brainstorming, free writing, and outlining
- Methods for structuring content in a draft, understanding the importance of clear organization and logical flow
- Drafting strategies that help in expressing ideas coherently and effectively, including strategies for introductions, body paragraphs, and conclusions.
- Skills for differentiating between the processes of revising and editing, understanding that drafting primarily involves the generation of content, while revision and editing focus on refining and polishing
- Developing skills in giving and receiving constructive feedback during the drafting phase, understanding how peer review can enhance the quality of writing
- Enhanced critical thinking skills by evaluating the effectiveness of ideas, arguments, and evidence during the drafting process
- Learning techniques for ensuring clarity and coherence in writing, focusing on transitions, sentence structure, and the logical progression of ideas
- Understanding of how to incorporate feedback from peers or instructors into subsequent drafts, recognizing the value of multiple iterations in the writing process
- Developed effective time management skills during the drafting phase, understanding the importance of allocating sufficient time for brainstorming, drafting, and revision
- Scope to familiarize students with digital tools and resources that can aid in the drafting process, including word processing software, online collaboration platforms, and writing apps
- Development of an awareness of the target audience during drafting, understanding how audience considerations influence content and tone
- Encouragement of creativity and exploration during the drafting phase, allowing students to take risks and experiment with different ideas and approaches
- Discussions on ethical considerations related to drafting, including proper citation, avoiding plagiarism, and giving credit to sources
- Focus on the effective use of language during drafting, encouraging students to choose words and phrases that convey their ideas precisely and engagingly
- Preparation of students for the subsequent revision process by emphasizing the importance of a well-developed draft as a foundation for refining and polishing their work

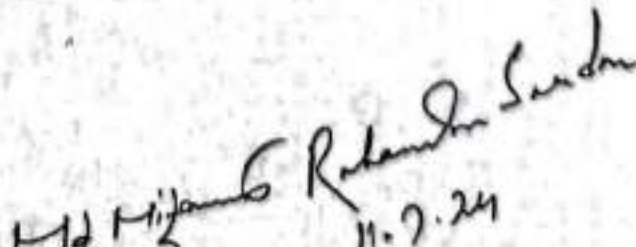
Md H. Z. Rahman Sardar
11.07.24.

Course Schedule

Hour	Topic	Teaching Activities
1-2	Introduction to Draft Writing	<ul style="list-style-type: none"> Understanding the importance of clear and effective writing. Basics of audience analysis and purpose
3-5	Planning and Outlining	<ul style="list-style-type: none"> Techniques for brainstorming and organizing ideas. Creating effective outlines for different types of documents
6-8	Drafting Techniques	<ul style="list-style-type: none"> Developing a strong introduction and conclusion. Building coherence and flow within paragraphs
9-10	Clarity and Conciseness	<ul style="list-style-type: none"> Strategies for simplifying complex ideas. Eliminating redundancies and unnecessary words.
11-12	Introduction to Editing	<ul style="list-style-type: none"> Understanding the editing process. Differentiating between developmental and copy editing.
13-15	Common Editing Techniques	<ul style="list-style-type: none"> Improving sentence structure and syntax. Addressing common grammar and punctuation errors.
16-18	Proofreading Techniques	<ul style="list-style-type: none"> Importance of proofreading in the writing process. Identifying and correcting typos, spelling, and formatting errors.
19-21	Revision and Feedback	<ul style="list-style-type: none"> Strategies for revising and refining drafts. Providing and receiving constructive feedback
22-24	Practical Editing Exercises	<ul style="list-style-type: none"> Hands-on editing exercises on various types of documents. Peer review sessions for collaborative learning
25-28	Document-Specific Editing Challenges	<ul style="list-style-type: none"> Addressing challenges in editing different types of documents (reports, essays, emails, etc.). Incorporating industry-specific editing standards.
29-30	Assessment	

Instructors:

1. Mr. Mizanur Rahaman Sardar, Assistant Professor, Department of English, Polba Mahavidyalaya
2. Ms. Manali Choudhury, Assistant Professor, Department of English, Polba Mahavidyalaya


 11.7.24

Course Outcome

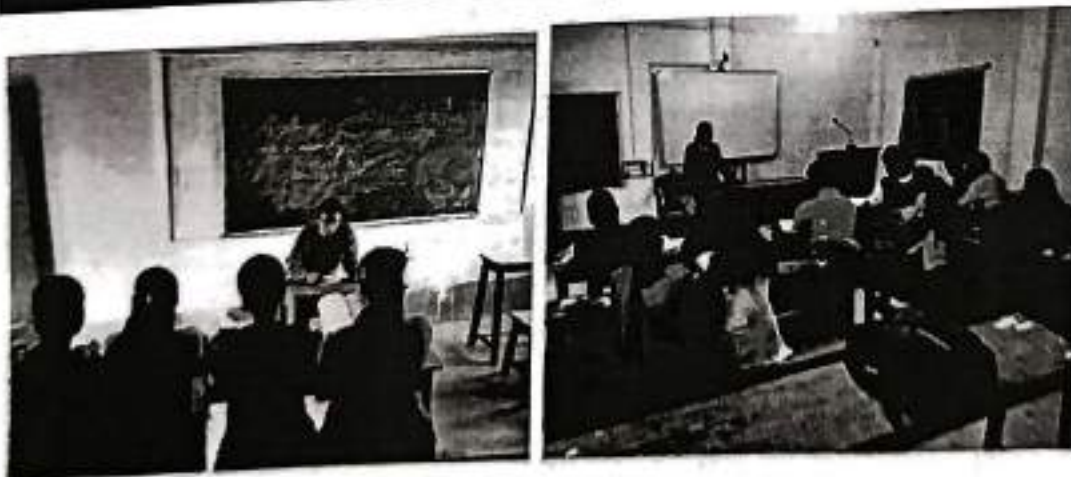
Course outcomes of a Draft Writing course are designed to reflect the skills and knowledge that students are expected to acquire by the end of the course. These outcomes encompass a range of writing-related abilities, critical thinking, and practical application of drafting techniques. Here are potential course outcomes for a Draft Writing course:

- Students should be able to articulate the stages of the writing process and understand the role of drafting within that process.
- Develop skills in brainstorming, freewriting, and other techniques to generate creative and organized ideas for writing.
- Create well-organized drafts with clear introductions, logically developed body paragraphs, and effective conclusions.
- Demonstrate the ability to apply drafting strategies to different genres of writing, such as narrative, expository, and persuasive writing.
- Understand the difference between revision and editing and apply effective self-revision strategies to improve the quality of drafts.
- Actively engage in peer review processes, providing and incorporating constructive feedback to enhance writing.
- Develop time management skills specific to the drafting phase, ensuring a balance between generating ideas and refining content.
- Consider the target audience while drafting, adjusting content and tone to suit the intended readership.
- Familiarize themselves with and effectively use digital tools and resources that aid the drafting process, including word processing software and collaborative platforms.
- Demonstrate creativity and experimentation with language and style during the drafting phase.
- Cultivate a habit of reflection, allowing students to assess their own writing processes, strengths, and areas for improvement.
- Grasp ethical considerations related to drafting, including proper citation, avoiding plagiarism, and maintaining integrity in the writing process.
- Understand the role of drafting as a foundation for producing polished and refined final drafts.
- Apply drafting skills learned in the course to various writing contexts, such as academic, professional, and creative writing.
- Develop critical thinking skills by evaluating the effectiveness of arguments, evidence, and overall coherence in drafts.
- Show improvement in drafting skills over the duration of the course, as evidenced by revisions and final projects.

These outcomes are meant to provide a comprehensive overview of the skills and knowledge that students are expected to gain from a Draft Writing course. They are subject to modification based on the specific focus, objectives, and level of the course.

Md Mizanur Rahman Sarker
11.07.24.

Photographs



Hid Huzam Rukman Sander
11-07-24

Department of English

ADD-ON COURSE

REGISTER OF ATTENDANCE FOR THE MONTH

(23rd May 2023 - 8th June 2023)

ANCE OF PUPILS

Roll No.	NAME OF PUPILS	ATTENDANCE	No. of days											REMARKS
			Present	Lat	Present	Lat	Present	Lat	Present	Lat	Present	Lat	Present	
201	Pooja Singh													
202	Pooja Singh													
203	Saksham Kumar													
204	Bhaskar Kumar Gini													
205	Sohini Ghosh													
206	Neelam Sultana													
207	Pranika Ganguly													
208	Suvarita Ghosh													
209	Shuboni Ghosh													
210	Jitendra													
211	Rishika Nandy													
212	Ananya Haldar													
213	Debarshi Mondal													
214	Tisha Ghosh													
215	Sa. Mohammad Shoyeb													
216	Axil Hassan													

11.02.24

NAME: Papita Debnath
YEAR: Sem II
ROLL NO. 202

20
20

POLBA MAHAVIDYALAYA
EVALUATION
ADD-ON COURSE O INTRODUCTION TO DRAFT WRITING
DEPARTMENT OF ENGLISH

Instructions:

Answer ANY TEN of the following questions. (2X10=20)

1. What is the primary purpose of a draft in writing?
a) To finalize the document
b) To outline the main ideas and structure ✓
c) To proofread the final version
d) To publish the content
2. Which of the following is a key characteristic of a first draft?
a) It is error-free
b) It is highly polished and refined
c) It is a rough version of the final document ✓
d) It includes all citations and references
3. What should you focus on during the drafting phase?
a) Spelling and grammar
b) Layout and formatting
c) Content and organization
d) Citations and bibliography
4. When revising a draft, which of the following aspects should be prioritized?
a) Aesthetic appeal
b) Consistency and clarity ✓
c) Typographical errors
d) Sentence length
5. What is the difference between drafting and editing?
a) Drafting involves generating ideas; editing involves refining language
b) Drafting involves proofreading; editing involves rewriting
c) Drafting is about finalizing content; editing is about brainstorming ✓
d) Drafting involves research; editing involves citation
6. How can you improve the coherence of a draft?
a) By adding more complex vocabulary
b) By ensuring clear transitions between ideas ✓
c) By using longer sentences
d) By reducing the length of paragraphs

7. Which of the following best describes a "topic sentence" in a draft?

- a) A sentence that summarizes the entire document
- b) A sentence that introduces the main idea of a paragraph
- c) A sentence that provides background information
- d) A sentence that concludes the document

8. Why is it important to receive feedback on a draft?

- a) To ensure the draft is free of grammatical errors
- b) To gain different perspectives and improve content quality
- c) To finalize the formatting
- d) To eliminate the need for further revisions

9. What role does an outline play in drafting a document?

- a) It provides a final version of the document
- b) It helps in organizing and structuring content
- c) It is used for formatting and design
- d) It ensures grammatical accuracy

10. What should be the focus when drafting an argumentative essay?

- a) Providing a summary of existing literature
- b) Presenting a clear thesis and supporting arguments
- c) Including extensive quotes from sources
- d) Developing a detailed bibliography

11. Which of the following is an effective strategy for developing a draft?

- a) Writing without any planning
- b) Revising sentences as you write
- c) Creating a detailed outline before starting
- d) Ignoring the overall structure and focusing on individual sentences

12. How often should you revise your draft before finalizing it?

- a) Once, after completing the draft
- b) Only if you find major errors
- c) As many times as needed to improve clarity and coherence
- d) Never, as drafts are meant to be imperfect

13. What is the main benefit of writing multiple drafts?

- a) It allows for a more polished final document
- b) It reduces the need for research
- c) It simplifies the editing process
- d) It eliminates the need for feedback

14. Which of the following is NOT a common mistake in the drafting process?

- a) Overloading the draft with irrelevant details
- b) Focusing solely on grammatical issues
- c) Ignoring the audience's needs
- d) Ensuring logical flow and structure

NAME: Jit Sinha
YEAR: Sem 4
ROLL NO. 204

18
20

POLBA MAHAVIDYALAYA
EVALUATION
ADD-ON COURSE O INTRODUCTION TO DRAFT WRITING
DEPARTMENT OF ENGLISH

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- d) Ensuring logical flow and structure

NAME: Pramita Ganguly
YEAR: sem IV
ROLL NO. 201

20
20

POLBA MAHAVIDYALAYA
EVALUATION
ADD-ON COURSE O INTRODUCTION TO DRAFT WRITING
DEPARTMENT OF ENGLISH

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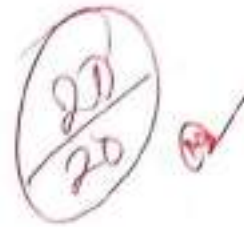
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- c) Ignoring the audience's needs
- d) Ensuring logical flow and structure

NAME: Sohini Ghosh
YEAR: Sem II
ROLL NO. 205



POLBA MAHAVIDYALAYA
EVALUATION
ADD-ON COURSE O INTRODUCTION TO DRAFT WRITING
DEPARTMENT OF ENGLISH

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- c) By using longer sentences
- d) By reducing the length of paragraphs

7. Which of the following best describes a "topic sentence" in a draft?
- a) A sentence that summarizes the entire document
 - ☒ b) A sentence that introduces the main idea of a paragraph
 - c) A sentence that provides background information
 - d) A sentence that concludes the document

8. Why is it important to receive feedback on a draft?
- a) To ensure the draft is free of grammatical errors
 - b) To gain different perspectives and improve content quality
 - c) To finalize the formatting
 - d) To eliminate the need for further revisions

9. What role does an outline play in drafting a document?
- a) It provides a final version of the document
 - ☒ b) It helps in organizing and structuring content
 - c) It is used for formatting and design
 - d) It ensures grammatical accuracy

10. What should be the focus when drafting an argumentative essay?
- a) Providing a summary of existing literature
 - b) Presenting a clear thesis and supporting arguments
 - c) Including extensive quotes from sources
 - d) Developing a detailed bibliography

11. Which of the following is an effective strategy for developing a draft?
- a) Writing without any planning
 - b) Revising sentences as you write
 - ☒ c) Creating a detailed outline before starting
 - d) Ignoring the overall structure and focusing on individual sentences

12. How often should you revise your draft before finalizing it?
- a) Once, after completing the draft
 - b) Only if you find major errors
 - ☒ c) As many times as needed to improve clarity and coherence
 - d) Never, as drafts are meant to be imperfect

13. What is the main benefit of writing multiple drafts?
- ☒ a) It allows for a more polished final document
 - b) It reduces the need for research
 - c) It simplifies the editing process
 - d) It eliminates the need for feedback

14. Which of the following is NOT a common mistake in the drafting process?
- a) Overloading the draft with irrelevant details
 - b) Focusing solely on grammatical issues
 - c) Ignoring the audience's needs
 - d) Ensuring logical flow and structure

Date: 21-02-2023

To,
The Principal,
Polba Mahavidyalaya,
West Bengal.

Sub: Proposal for Implementation of Employability & Digital Literacy Skills Training Programme for final year passing out Graduate & Post Graduate Female Students under Mahindra & Mahindra's CSR initiative "Mahindra Pride Classroom" on Online and Offline Platform.

Dear Sir,

Greetings from Naandi Foundation's Mahindra Pride Classrooms!

Mahindra Pride Classroom is a flagship Corporate Social Responsibility (CSR) Livelihood programme of the Mahindra and Mahindra group and is fully implemented by Naandi Foundation, a Public Charitable Trust incorporated under the Indian Trusts Act, having its registered office in Hyderabad.

Mahindra Pride Classroom's vision is "To mainstream socially and economically disadvantaged youth, through the process of skill-development training, so as to make them employable in the various sector".

The Mahindra Pride team strongly believes that apart from academic education, Skill Development is also required for students when they step out into the professional world. It is imperative for young adults to be equipped with essential life skills and soft skills. While certain skills may be acquired through everyday experience at home, Classroom or College, they are not sufficient to adequately equip the youth in today's complex society.

The Mahindra Pride Classroom aims to help students to:

- Develop an identity and improve their self-esteem.
- Manage emotions and overcome obstacles.
- Build relationships and polish their interpersonal skills.
- Enhance and improve employability skills.
- Improve personal and professional effectiveness.
- Enhance and improve communication skills.
- Knowledge About Digital Literacy Skills.

The life skills component of the training module has helped to transform the learners into confident, determined, goal-oriented youth – a personality shift essential for them to pursue successful careers in the sectors of their choice.

It has helped improve students' understanding of the world and their role and responsibility towards it. It has also enabled them in finding ways to cope with the challenges that life throws at them. These young adults who underwent our training, firmly believe that they will be able to live a more productive and fulfilling life.

What does the Mahindra Pride Classroom programme consist of?

- **Life Skills** – compassion, respect, gratitude, being a responsible global citizen.
- **Soft Skills** – grooming, body language, teamwork, time management, social manners, etc.
- **Communication Skills** – functional English and the ability to express themselves clearly in the local language.
- **Presentation Skills** – speaking clearly, coherently and confidently.
- **Interview Skills** – resume preparation, interview questions, mock interviews.
- **Digital Literacy Skills** – Microsoft Office Packages (MS Word / MS Excel / MS Power Point), Google Docs, Google Sheet.

As a part of our Institutional Skilling initiative in Kerala, Tamilnadu, Telangana, Andhra Pradesh, Maharashtra, Delhi, Uttar Pradesh, Haryana, Odisha, Bihar, Jharkhand, West Bengal and Assam we have collaborated with various Universities, Department of Technical Education, State Skill Development Authorities, Employment & Labour Department across different parts of India.

Besides, we have collaborated with various ITI, Polytechnic, Engineering College, Central Tool Room and Training Centre, Vocational Training Colleges, Commerce, Arts and Science College, Hospitality Institutes and Nursing colleges for conducting the upskilling training sessions for the youth. Our employability training programme was welcomed by all and created a great impact on the students. The Campus to Corporate training program prepared the students for the corporate world and helped them to emerge as better professionals.

We would require your support as we propose to train students from your university and affiliated college students across Assam, Soft Skills, Life Skills, Communication Skills, Presentation Skills and Interview Skills for a duration of 30 - 36 hours per batch in Online or Offline mode based on need assessment test. Pre & Post Assessment Test will be conducted for each session. GD, Extempore, MOCK Interview will be conducted for every batch.

Terms and Conditions:

We intend to train only final year students from various streams without any backlogs on various employability skills and domain skills.

The colleges will source the students for the training program by providing necessary filters to select deserving students.

- They will be grouped into batches of maximum 50 numbers for offline and 80 for online.
- The students will be trained on the skills suggested in the plan accordingly.
- Pre and Post Assessment test will be conducted.
- Trainers will be deployed by Mahindra Pride Classroom depending on the number of batches.
- Naandi will conduct 'Train the Trainers' before start of the program.
- Distance tracking reports and daily attendance will be administered.
- Classes shall be conducted within the institute premises in class rooms for offline mode and Online classes will be in conducted in online platform.
- Mahindra Pride Classroom **"SHALL NOT CHARGE ANY FEE"** for the training as all costs incurred shall be supported by Mahindra and Mahindra CSR.
- Naandi Foundation's Trainer's lodging and boarding will be taken care by Naandi Foundation Only
- We sincerely hope that we will be able to meet your requirements with the best of our efforts and are looking forward to a long association with your College.

STUDENTS - ELIGIBILITY FOR MPC EMPLOYABILITY SKILL TRAINING PROGRAM

Age Group - 18 Year to 25 Years.

Educational Qualification - Any Graduate (5th & 6th Semester) and Post Graduate (3rd & 4th Semester) Students who seeking for a Job opportunity post study.

Stream - BBA / MBA

Commerce (B. COM / H. COM) / Arts (B.A. / M.A.) / Science (B. SC / M. SC.)
 ITI / Engineering / Diploma
 B. Ed. / Nursing / Vocation

COURSES WE ARE OFFERING

1. Employability Skill Training for all the Students
2. Aptitude Training for all the Students
3. English at Work for all the Students
4. Python Programming Training for Engineering Students
5. New Educator Program for B. Ed. Students
6. Digital Literacy Program

COURSE SCHEDULE & FRAMEWORK OF EMPLOYABILITY SKILL TRAINING

MODE OF TRAINING - OFFLINE

TOTAL HOURS - 30 HOURS

HOURS PER DAY - 5 HOURS / 6 HOURS A DAY

TOTAL NUMBER OF DAYS - 4 DAYS / 5 DAYS

MODE OF TRAINING - ONLINE

TOTAL HOURS - 30 HOURS

HOURS PER DAY - 2 HOURS A DAY

TOTAL NUMBER OF DAYS - 15 DAYS

BELOW ARE THE TOPICS ARE GOING TO BE COVER IN THE PROGRAM

SL. NO.	SESSION TITLE	SKILL
1	Introduction of English	Communication Skill
2	Introduction to Computer Basics	Communication Skill
3	Unit for Analysis	Communication Skill
4	Google Docs, Tables, Forms, Sheets, Slides, Translating	Digital Literacy
5	Google Sheets (Introduction, Merge, Sort, Filter, and Formatting)	Digital Literacy
6	Ms Power Point (Introduction, Merge, Sort, Filter, and Formatting)	Digital Literacy
7	My Email, Email, Tag, and Notes	Digital Literacy
8	Audio & Video Discussion	Digital Literacy
9	Interview Preparation 1	Interview Skill
10	Interview Preparation 2	Interview Skill
11	Job Opportunity (Digital Sessions)	Interview Skill
12	Portfolio & Project	Interview Skill
13	Content Management	Interview Skill
14	Critical Thinking	Life Skill
15	Digital Literacy	Life Skill
16	Unit Health for Good Life	Life Skill
17	Life Skills	Life Skill
18	Problem Solving	Life Skill
19	Digital Presentation (Digital Sessions)	Life Skill
20	Digital Presentation (Digital Sessions)	Life Skill
21	Body Language & Professional Grooming	Presentation Skill
22	Goal Setting & Time Management	Soft Skill
23	Money Management	Soft Skill
24	Professional Ethics	Soft Skill

Note ::

- The above mentioned structure of prescribed training can be changed as per requirement.

We are looking to have a great association with your institution.

Thanks & Regards



Debnath Borat
 Regional Manager | Project Implementation | East & North East Region
 Mahindra Pride Classroom | Naandi Foundation
 Mobile - +91 73373 33422
 Email - debnath@naandi.org
www.naandi.org

3 :: Mahindra Pride Classroom Employability Skill Training Program's final Schedule for A MAHAVIDYALAYA from 13-03 To 17-03.

ages

Wed, Mar 8, 2023 at 11:31 AM

nam <swobnom@naandi.org>
 .santanu.sengupta21@gmail.com
 debnath@naandi.org, abhiruproy12@gmail.com

Dear Sir/Ma'am,

Please find below the Employability Skill Training Program Schedule by Mahindra Pride Classroom for the female students of **Polba Mahavidyalaya** from 13-03-23 To 17-03-23.

We have assigned Mr. Abhirup Roy as the trainer for the Batch.

I am sharing the Batch plan & the content of this course for your reference.

Please find the details below.

BATCH PLAN-

College Name	POLBA MAHAVIDYALAYA
Location	POLBA
District	HOOGHLY

Batch Number	Name Of the Trainer	Date	Time
BATCH - 1	ABHIRUP ROY	13-03-2023 To 17-03-2023	10:00AM TO 04:00 PM

Date	Day	Hour	Time
13-03-2023	MONDAY	5	10:00AM TO 04:00 PM
14-03-2023	TUESDAY	5	10:00AM TO 04:00 PM
15-03-2023	WEDNESDAY	5	10:00AM TO 04:00 PM
16-03-2023	THURSDAY	6	10:00AM TO 04:00 PM
17-03-2023	FRIDAY	6	10:00AM TO 04:00 PM
TOTAL	05 DAYS	30	

FRAMEWORK-

Framework for Intermediate level - Offline Sessions

Objective		1. To help students overcome their fear of speaking in English		
		2. To install confidence in students		
		3. To make students socially aware and responsible citizens		
		4. To increase students' employability quotient		
Day	S. No.	Session Title	Duration	Skill
1	1	I am Unique	2	Life Skill
1	2	Body language & Professional grooming	2	Soft Skill
2	5	Goal setting & Time management	2	Soft Skill
2	6	Job Opportunity (Input Sessions)	2	Interview Skill
3	7	Professional Communications	2	Communication Skill
3	8	Digital Identity	2	Life Skill
3	9	Money Management	2	Soft Skill
4	10	Professional Ethics	2	Soft Skill
4	11	Critical Thinking	2	Life Skill
4	12	Presenting a Project	2	Interview Skill
5	13	Problem Solving	2	Life Skill
6	16	Acing a group discussion	2	Interview Skill
6	17	Conflict management	2	Life Skill
6	18	Interview readiness 1	2	Interview Skill
7	19	Interview readiness 2	2	Interview Skill
			30	

Thanks & Regards

Swobnom Saud

Program Manager | Mahindra Pride Classroom

Mobile - +91 6305654810

Mail Id - swobnom@naandi.org

Naandi Foundation

www.naandi.org



santanu sengupta <santanu.sengupta21@gmail.com>

MAHINDRA PRIDE CLASSROOM :: Proposal for Implementation of Employability & Digital Literacy Skills Training Programme for final Year Female Students under Mahindra & Mahindra's CSR initiative

1 message

Debnath <debnath@naandi.org>

To: ngkaibarta@gmail.com, santanu.sengupta21@gmail.com

Cc: MPC - Swobnom Saud <swobnom@naandi.org>

Tue, Feb 21, 2023 at 8:06 PM

Dear Sir,

Greetings from Naandi Foundation's Mahindra Pride Classrooms!

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OBJECTS - ELIGIBILITY FOR MPC EMPLOYABILITY SKILL TRAINING PROGRAM

Age Group - 18 Year to 25 Years.

Educational Qualification - Any Graduate (5th & 6th Semester) and Post Graduate (3rd & 4th Semester) Students who seeking for a Job opportunity post study.

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B. Ed. / Nursing / Vocation

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4. Python Programming Training for Engineering Students
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DCOURSE SCHEDULE & FRAMEWORK OF EMPLOYABILITY SKILL TRAINING

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HOURS PER DAY - 5 HOURS / 6 HOURS A DAY

TOTAL NUMBER OF DAYS - 4 DAYS / 5 DAYS

MODE OF TRAINING - ONLINE

TOTAL HOURS - 30 HOURS

HOURS PER DAY - 2 HOURS A DAY

TOTAL NUMBER OF DAYS - 15 DAYS

BELOW ARE THE TOPICS ARE GOING TO BE COVER IN THE PROGRAM

SL No.	SESSION TITLE	SKILL
1	Importance Of English	Communication Skill
2	Professional Communications	Communication Skill
3	Excel For Business	Digital Literacy
4	Google Docs (Table Of Contents, Voice Typing And Translation)	Digital Literacy
5	Google Sheets (Introduction, Home Tab And Formulae)	Digital Literacy
6	Ms Power Point Introduction And Home Tab	Digital Literacy

	Ms Word Insert Tab And Notes	Digital Literacy
8	Acting A Group Discussion	Interview Skill
9	Interview Readiness 1	Interview Skill
10	Interview Readiness 2	Interview Skill
11	Job Opportunity (Input Sessions)	Interview Skill
12	Presenting A Project	Interview Skill
13	Conflict Management	Life Skill
14	Critical Thinking	Life Skill
15	Digital Identity	Life Skill
16	Good Health For Good Life	Life Skill
17	I Am Unique	Life Skill
18	Problem Solving	Life Skill
19	Group Presentation (Output Sessions)	Presentation Skill
20	Group Presentation (Output Sessions)	Presentation Skill
21	Body Language & Professional Grooming	Soft Skill
22	Goal Setting & Time Management	Soft Skill
23	Money Management	Soft Skill
24	Professional Ethics	Soft Skill

Note ::

- The above mentioned structure of prescribed training can be changed as per requirement.

We are looking to have a great association with your institution.

We have conducted this program at below mention colleges under Burdwan University

emari College

- Vivekananda Mahavidyalaya
- Acharya Sukumar Sen Mahavidyalaya
- Krishna Chandra College
- Netaji Mahavidyalaya
- Sreegopal Banerjee College
- Tarakeswar Degree College
- Vivekananda Mahavidyalaya

Thanks & Regards

Debnath Boral

**Regional Manager | Project Implementation
Mahindra Pride Classroom | Naandi Foundation**

Mobile - +91 73373 33422

www.naandi.org

Mahindra
PRIDE CLASSROOM



5 attachments



WB - Transferable Skills (1).png
1060K



Eng for Work..jpeg
232K



WB- Digital Literacy.png
697K

MPC Brochure 2023.pdf
1837K

Proposal for Polba Mavavidyalaya.pdf
448K



MPC "WEST BENGAL" - Trainers Attendance Sheet

mahindra
PRIDE CLASSROOM

College Name / University POLBA MAHAYODIALAYA

College Category DEGREE

District HOOGHLY

NAAC Grade & Score (or) UPE MA

S.No	Trainer Name	Date (DD-MON-YY)		Date (DD-MON-YY)		Date (DD-MON-YY)		Date (DD-MON-YY)		Date (DD-MON-YY)		No. of Days	Total No. of Hours
		Day	Day - 1	Day - 2	Day - 3	Day - 4	Day - 5	Day - 6	Day - 7	Day - 8	Day - 9		
		No. of Hours (Per Day)	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM	10:00AM - 12:00PM		
		Timing (From & To)	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM	01:00PM - 04:30PM		
1	ABHIRAM ROY	Signature	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	Abhiram Roy	5	30
Total No. of Hours													30

Pratima Dasgupta
Authorized Signature & Seal

Coordinator

I. Q. A. C.

Polba Mahavidyalaya

Polba, Hooghly

West Bengal

*Abhiram Roy**I am here in class*
Pratima Dasgupta
Pratima Dasgupta

POLBA MAHAVIDYALAY									
Hooghly District				ABSENT		PRESENT			
Sl NO	Student Name (as per college record)	Student Contact Number	Batch Number	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar	COUNT P
1	FERDOUSHI YASMIN	8697601765	1	P	P	P	P	P	5
2	Maryam Khatun	767758560	1	P	P	P	P	A	4
3	Sumrat Parvin	8145498149	1	P	P	P	P	P	5
4	Ferdoush Khatun	7679619843	1	P	P	P	P	P	5
5	Tamanna Tabassum	9382845477	1	P	P	P	P	P	5
6	Aafia Sultana	9933399314	1	P	P	P	P	P	5
7	Roya Ghosh	7863963356	1	P	P	P	P	P	5
8	Nazifa Mondal	8161758134	1	P	P	P	P	P	5
9	Mita Das	6269422837	1	P	P	P	P	P	5
10	Ahni Sultana	7450854064	1	P	P	P	P	A	4
11	Laboni Lohar	9330435287	1	P	P	P	P	P	5
12	Jhulon Malik	9983196183	1	P	P	P	P	P	5
13	Sima Parvin	7029825545	1	P	P	P	P	P	5
14	Asha pule	9800266942	1	P	P	P	P	P	5
15	Adur Malik	8159989558	1	P	P	P	P	P	5
16	Dipanta Palua	9382043840	1	P	P	P	P	P	5
17	ARPITA GHOSH	9632576617	1	P	P	P	P	P	5
18	Trisha Banerjee	62889323500	1	P	P	P	P	P	5
19	Mouly das	7863916363	1	P	P	P	P	P	5
20	Ananya Maj	9883659205	1	P	P	P	P	P	5
21	Mst Ahin Ali	7069636353	1	P	P	P	P	P	5
22	Prithi Maj	9339446465	1	P	P	P	P	P	5
23	Sudeshina karmakar	9564743631	1	P	P	P	P	P	5
24	Doan Guin	8927874856	1	P	P	P	P	P	5
25	Riya Orav	9330304869	1	P	P	P	P	P	5
26	Surva Ghosh	9933397538	1	P	P	P	P	P	5
27	Taniya Sikdar	6294330529	1	P	P	P	P	P	5
28	Rumpe roy	7029628051	1	P	P	P	P	P	5
29	Prati Adhikari	7439663366	1	P	P	P	P	P	5
30	Disha guchhait	7318601236	1	P	P	P	P	P	5
31	Nasrin Sultana	9883714929	1	P	P	P	P	P	5
32	Shreya Ghosh	7364974157	1	P	P	P	P	P	5
33	Swapani kundru	7872762212	1	P	P	P	P	P	5

Ashique Ray

35	Razia Suljana	7602632004	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
36	Rona Saefulhain	5339222734	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
37	Noviati Yessan	9932348717	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
38	Sima Sudiakhan	7047206322	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
39	Sumarta Muly	8420579587	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
40	Nama Ghosh	9641311587	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
41	Pri Dae	8910433998	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
42	Ritika Nandi	9683348870	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
43	Shrebow Ghosh	7908285930	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
44	Tiga Ghosh	9883250755	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
45	Sourabi Mukherjee	987387238	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
46	Sayan Ghosh	9123638640	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
47	Babita Ghosh	7047475875	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
48	Debi Chatterjee	8275060567	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
49	Gunasara Dasgupta	7501677823	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
50	Nafisa Khatoon	9801600589	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
51	Saimina Khatoon	9800218306	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
52	Riya Ghosh	9836578460	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
53	Smriti Das	9800445837	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
54	Rituparna Manna	9474095626	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
55	Rakhi Saren	850979871	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
56	Nimmi Hembrom	9803687539	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
57	BARIMAL BANERJEE	9883762157	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
58	Sakira Khatoon	9832904148	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
59	Sarada Atri	6295921478	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
60	Monomita Bhargava	6291906083	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
61	Maheshwar Adak	8016222172	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
62	Karishma Bhattacharya	0289624161	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
63	Mouhna Ghosh	9748824261	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
64	Lalitha Roy	6296235129	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
65	Priya Mohanta	9748353059	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
66	Sivra Ghosh	9933397538	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
67	Diprati Chakraborty	9282766226	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
68	Sriyaa Halder	7076380636	1	P	P	P	P	P	P	P	P	P	P	P	P	100%
69	Mamta Ghosh	9641432580	1	P	P	P	P	P	P	P	P	P	P	P	P	100%

Ashwini Roy

W. K. S. S. S.

Teacher in Charge
Polba Mahavidyalaya
Pudub, Ho. 379, W. K.

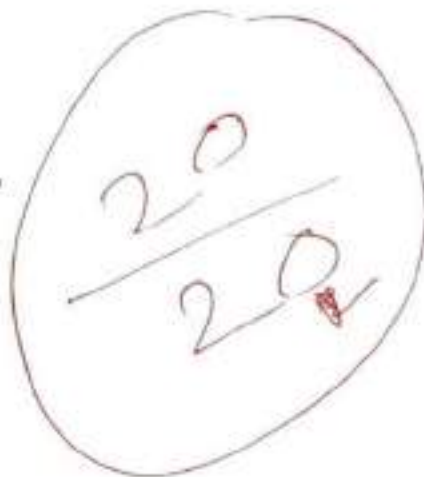
Total Marks-20

Name-

Rimpa Roy

• Answer all the question

1. What is the primary goal of effective communication?
 - ☒ a) To convey information
 - b) To persuade others
 - c) To build relationships
 - d) To avoid conflict
2. Which of the following is a key aspect of active listening?
 - a) Interrupting the speaker
 - b) Giving unsolicited advice
 - ☒ c) Maintaining eye contact
 - d) Planning your response
3. What is the benefit of diverse perspectives in a team?
 - a) Increased conflict
 - ☒ b) Improved problem-solving
 - c) Reduced creativity
 - d) Decreased productivity
4. How can you contribute to a positive team culture?
 - a) By criticizing others' ideas
 - ☒ b) By being punctual and respectful
 - c) By dominating team discussions
 - d) By ignoring team goals
5. What is a key strategy for managing stress and increasing productivity?
 - a) Multitasking
 - b) Procrastination
 - ☒ c) Prioritizing tasks
 - d) Taking regular breaks
6. How can you avoid distractions and stay focused?
 - a) By checking social media frequently
 - ☒ b) By turning off notifications
 - c) By working in a noisy environment
 - d) By using multiple tabs on your computer
7. What is a key characteristic of effective leaders?
 - a) Autocratic decision-making
 - ☒ b) Flexibility and adaptability
 - c) Resistance to change
 - d) Lack of accountability
8. How can you demonstrate adaptability in a rapidly changing work environment?
 - a) By resisting new ideas
 - ☒ b) By being open to feedback and learning
 - c) By clinging to traditional methods
 - d) By avoiding challenges
9. What is emotional intelligence?
 - a) The ability to analyze data
 - ☒ b) The ability to recognize and manage emotions
 - c) The ability to persuade others
 - d) The ability to manage time
10. How can you resolve conflicts effectively?
 - a) By avoiding confrontation
 - ☒ b) By listening actively and empathetically
 - c) By taking a confrontational approach
 - d) By ignoring the issue



POLBA MAHAVIDYALAYA

Polba, Houghly
MAHINDRA PRIDE CLASSROOM

Total Marks-20

Time-30min

Name- MOULY DAS

• Answer all the question

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20
20

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POLBA MAHAVIDYALAYA

Polba, Hooghly

MAHINDRA PRIDE CLASSROOM

Time-30min

Total Marks-20

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28
20
48

Total Marks-20

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Asifa Sultana

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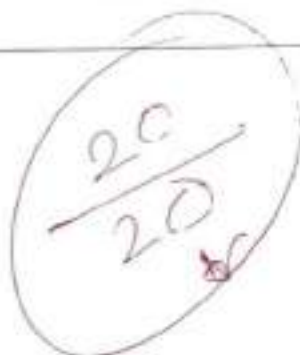
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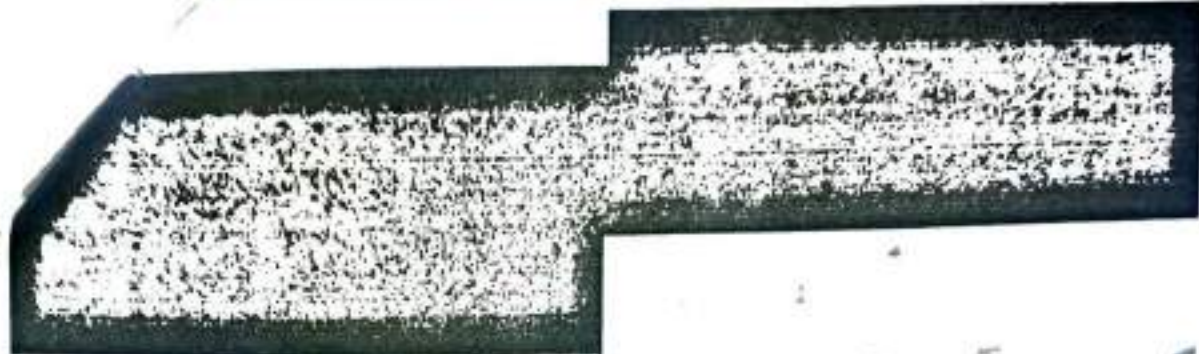
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